

## MISSION:

APLA HEALTH'S MISSION IS TO  
ACHIEVE HEALTH CARE EQUITY AND  
PROMOTE WELL-BEING FOR THE  
LGBT AND OTHER UNDERSERVED  
COMMUNITIES AND PEOPLE LIVING  
WITH AND AFFECTED BY HIV.

This program is funded in part through grants awarded by the California Department of Public Health, Office of AIDS and the County of Los Angeles Office of AIDS Programs and Policy.

## CONTACT INFO

APLA HEALTH EDUCATION CENTER  
3741 S. LA BREA  
LOS ANGELES, CA 90016  
213.201.1426

[APLAHEALTH.ORG/HOME-HEALTH](http://APLAHEALTH.ORG/HOME-HEALTH)

## OUR SERVICES:

APLA Health is proud to bring care to everyone in our community. Free or low-cost services include:

PRIMARY MEDICAL CARE

DENTAL CARE

BEHAVIORAL HEALTH SERVICE

HIV SPECIALTY CARE

HIV TESTING & PREVENTION PROGRAMS

STD SCREENING & TREATMENT

ADVOCACY

PREP COUNSELING & MANAGEMENT

INSURANCE ENROLLMENT ASSISTANCE

# HOME HEALTH PROGRAM

HIV/AIDS IN-HOME  
CASE MANAGEMENT THROUGHOUT  
LOS ANGELES COUNTY

## OVERVIEW

APLA Health provides intensive case-management services for HIV+ clients who are in need of home-based services.

The goal of the Home Health Program is to promote independence while allowing the client to remain in the home setting for as long as possible.

Each client is assigned both a registered nurse case manager and social work case manager. This way, we ensure that all of a client's complex needs will be addressed by a professional with the necessary specialized knowledge and expertise.

The program uses a team approach to case management. Our team provides medical case management, psychosocial services and attendant care to clients in their homes.

## ASSISTANCE

Home Health Program case managers assist HIV+ individuals who are experiencing problems or symptoms that are threatening their ability to live independently.

**These symptoms can cause people living with HIV/AIDS to feel overwhelmed. We can help manage:**

- ▶ Symptoms related to HIV (fatigue, weight loss, lowered immune response, etc.)
- ▶ Symptoms related to co-occurring medical conditions
- ▶ Mental health challenges such as depression, anxiety, isolation
- ▶ Medication management challenges
- ▶ Housing and benefits navigation
- ▶ Substance abuse challenges

You and your case management team develop a comprehensive plan for your specific situation. Your registered nurse case manager can help arrange for limited in-home attendant care to assist with daily living activities, household management, and personal care. You will also receive treatment advocacy with your primary care physician; medication information; and help maintaining your treatment regimen.

Your social work case manager can help you access various services; including in-home mental health counseling, legal services, housing assistance, benefits counseling, medical transportation, and food assistance.

## ELIGIBILITY

Enrollment in the Home Health Program is based on criteria established by the California Department of Health Services, Office of AIDS.

**TO BE ELIGIBLE TO RECEIVE HOME HEALTH SERVICE AT APLA HEALTH, YOU MUST:**

- Be diagnosed HIV+
- Be a client of APLA Health
- Participate in an assessment by a Home Health Program case management team
- Be a resident of Los Angeles County

**TO FIND OUT MORE**  
ABOUT APLA HEALTH'S HOME HEALTH PROGRAM  
PLEASE CALL **213.201.1426**