



Get Better. Do Better. Be Better.

Martin Luther King Jr. Behavioral Health Center (MLK BHC)



Our Mission

HealthRIGHT 360 gives hope, builds health, and changes lives for people in need. We do this by providing compassionate, integrated care that includes primary medical, mental health, substance use disorder treatment and re-entry services.

The **MLK BHC** Residential Substance Use Disorder (SUD) program is designed to fill in gaps in the continuum of health and behavioral health care within South Los Angeles, offering integrated behavioral health, physical health, and other services to Los Angeles County (LAC) residents, including vulnerable populations. It addresses the interrelated and complex needs of people struggling with access to care for mental illness and substance use, as well as medical conditions and homelessness. Tragically, too many of these individuals end up in the criminal justice system. The Residential Treatment program provides services that are designed and implemented to increase independence and social integration for clients that have experienced incarceration.



HealthRIGHT 360, has launched this state-of-the-art residential substance use disorder treatment program at **MLK BHC**. Made possible by funding from the LAC Department of Public Health Substance Abuse Prevention and Control (SAPC), the program serves up to 99 adult men and women. The program will work closely with other behavioral health centers to provide a continuum of services for the low-income/Medi-Cal population. The program is located on the campus of **Martin Luther King Jr. Hospital** in the Willowbrook area of South Los Angeles. The length of stay will typically be 90 days and offer a continuum of care, including individual and group treatment, substance use disorder counseling, therapeutic activities, and case management services.

Clients with co-occurring disorders can take part in individual and group therapy along with skills training classes focused on improving coping and managing symptoms. MLK BHC provides comprehensive, integrated, and individualized services for men and women with a history of substance abuse, mental health diagnoses, and criminal justice involvement.



Some of the Services Provided Include:

Individual, Group, and Family Therapy
Crisis Intervention
Medication Support Services
Medication for Addiction Treatment (MAT)
Drug and Alcohol Recovery Group
Life Skills
Dialectic Behavioral Therapy
Domestic Violence
Criminal Thinking
Cognitive Skills
Parenting Classes



Relapse Prevention
Seeking Safety
Anger Management

In addition to spacious gym areas, recreational therapy is also offered, utilizing recreation and other activity-based interventions to address and assessed the needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.

Recreational Therapy embraces a definition of “health” which includes not only the absence of “illness,” but extends to enhancement of physical, cognitive, emotional, social and leisure development so individuals may participate fully and independently in chosen life pursuits. These therapeutic services seek to reduce depression, stress and anxiety in their clients and help them build confidence and socialize in their community.



MLK BHC Residential Substance Use Disorder Program

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Intake Hours:

Monday through Friday:
9am – 5pm

Phone:

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ABOUT HEALTHRIGHT 360

HealthRIGHT 360 (HR360) is a statewide healthcare organization headquartered in San Francisco, that for over 50 years has provided nonjudgmental, compassionate healthcare for people in need, often during the most desperate and isolated periods of their lives. Men and women who turn to us have lived through years of homelessness, poverty, addiction, incarceration, and untreated medical and mental health issues.

Today, HR360 is a critical component of the healthcare safety net, providing primary medical and preventive care to all persons seeking treatment, regardless of their ability to pay or immigration status. We are now a Family of Programs that is comprised of health and human service organizations that have come together under the HealthRIGHT 360 umbrella.

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