



Monthly Network Meeting

Wednesday, June 2, 2021

- **10:00am Check In**
- **Opening Remarks & Information**

Presenters

Thomas Safran & Associates & LA LGBT Center

Lindsay Saunders - LSaunders@tsahousing.com

Telma Acosta - tacosta@lalgbtcenter.org

TSA: Our goal is to enhance the world in which we live and enrich the lives of the people who reside in our buildings.

LA LGBT Center: The Los Angeles LGBT Center is building a world where LGBT people thrive as healthy, equal, and complete members of society.

Mindful Veteran Project

Gail Soffer - Gail@mindfulveteranproject.org

Mindful Veteran Project (previously known as the Mindful Warrior Project) is a 501(c)(3) nonprofit organization serving the military-connected population in Southern California. Our mission is to guide veterans in simple, secular practices of mindfulness, empowering them to cultivate their inner strengths, support their own wellbeing, participate in their own healing process, explore new possibilities, and enjoy the highest possible quality of life – to Be Free, Be Well, and Be Whole in their daily lives. Beyond the core of our mindfulness workshops, our programs connect veterans (as well as Active Duty, Guard, and Reserve members, their family members, service/care providers, and the support community) in endlessly creative ways to resources and possibilities that dramatically ease the suffering and despair that drive over 22 veterans in this country to take their own lives every day. We do more than support surviving; we empower veterans to thrive and lead rich, fulfilling lives.

The Los Angeles Women's HIV/AIDS Task Force

Tache Williams - eventsbytache@gmail.com

The mission of the Los Angeles Women's HIV/AIDS Task Force is to build & sustain community partnerships that support efforts that will empower, educate, and mobilize women living with or affected by HIV/AIDS.

Family Health Care Resources

Lesly Muñoz - leslymunoz@fchrhelp.org

Family Health Care Resources is a non-profit organization founded in 2010 with the primary objective of helping families and individuals in Southern California who need medical services but do not know who or where to turn to. We offer clear information on how to obtain free or low costs medical services in the community they live in, including help in filling out an application for the new health care reform of the Affordable Health Care Act "Obamacare".