

MINDFUL WARRIOR PROJECT



**SAVE
THE
DATE**

**Friday
October 26th**

**Homeless
to Housed**

**VETERAN
STAND
DOWN**

**WEST LOS
ANGELES VA**



VA

U.S. Department
of Veterans Affairs

vast range
of services

including the Mindful Warrior
Project's Wellness Area

sample treatments of
alternative healing modalities

- ~ massage
- ~ acupuncture
- ~ Reiki
- ~ and many others