### Mission Statement

Heritage Clinic is a nonprofit organization whose mission is to enhance the behavioral health and quality of life of older adults and their families.

When you are facing difficult times, it's nice to know someone is there for you.

# **Funding**

Services are funded through the Los Angeles County Department of Mental Health, Medicare, Medi-Cal, and some other insurance plans. Heritage Clinic is a 501(c)3 non profit agency.

## Contact Us

#### PASADENA

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#### LONG BEACH

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#### Los Angeles

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#### PALMDALE

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Heritage Clinic www.heritageclinic.org



Mental Health

Services for

Older Adults

a nonprofit agency

# HERITAGE CLINIC

Since 1979, Heritage Clinic has been a leader in providing comprehensive and accessible mental health services for adults 55 and older, respecting their dignity, values, and diversity. Our staff includes licensed psychologists, psychiatrists, social workers, marriage and family therapists, care coordinators and supervised clinical interns. We are multilingual, offering services in English, Spanish and Armenian.

## Services

- · Individual and group counseling
- Crisis intervention
- · Clinical care management
- · Family and caregiver support
- · Peer counseling
- · Medication management
- Psychiatric medication evaluation and prescription services
- Psychological and neuropsychological assessment
- Alcohol and substance abuse treatment
- Elder abuse and crime victim support
- · Linkage to community resources

## Community Education

Presentations are provided to public and professional audiences on a variety of topics of interest to older adults such as depression, grief and loss, elder abuse prevention, caregiver issues and spirituality.

## Eligibility

We provide mental health services to adults 55 and older who may be experiencing a life transition, stress, anxiety, depression, loss, or other difficult issues. We serve individuals whose mental health issues range from mild anxiety and depression to bipolar disorder, schizophrenia, and chronic or major depression. Services are tailored to address the unique needs of each individual.





### Fees

We accept Medicare, Medi-Cal, Medicare supplemental insurance and have a sliding fee scale. Low income seniors with no insurance may be eligible to receive services free of charge.

### Office Hours

Monday - Friday 8:30 am to 5:00 pm

We offer you the option of receiving services in the clinic or in your place of residence if there is a reason you cannot come into the clinic.

