



# COVID-19 TEST AT HOME

Ensure your health by having yourself tested. If you are exhibiting symptoms or believe you may have been exposed then let's talk.

## COVID-19 SYMPTOMS:



Fever



Cough



Shortness of Breath



Diarrhea



Sore Throat



Sneezing



Running Nose



Body Aches

## THE PROCESS:

Contact Helping Hands, we will help you determine your eligibility. We will work with you so you can get an MD order, and then we will schedule a field technician to visit you at your home. Results are typically available within 2-3 business days but can take longer based on various factors.

## WE COME TO YOU:

We coordinate testing at your home, office or facility in any of these counties:  
Los Angeles, Riverside, San Bernardino, Ventura, Orange and San Diego

## INSURANCE ELIGIBILITY:



Medicare: Accepted



PPO: Most plans accepted with a short authorization wait time.



HMO: Requires authorization from your health plan. Call us and we can try to help you understand the process.

Call us today to see if you qualify!

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