



AVIVA FAMILY AND CHILDREN'S SERVICES

How can we help?

Aviva helps children and families with full scope Medi-Cal ranging from birth to adult, by providing individual, family and group therapy/counseling in homes, schools, community settings, and in our offices. Our program strives to help families communicate better and achieve their family goals.

Community Mental Health Services (CMHS) Include:

- Therapy/Counseling services using Evidence-Based Practices
 - Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)
 - Individual Cognitive Behavioral Therapy (ICBT)
 - Managing and Adapting Practices (MAP)
 - Parent-Child Interactive Therapy (PCIT)
 - Seeking Safety (SS)
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Case Management Services
 - Active Parenting groups
 - Linkage to community resources
 - Parent support (collateral)
 - Social skills training (individual rehabilitation)
- Medication Support Services
- Services are available in Spanish



For more information please contact Intake at
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