



Monthly Network Meeting

Wednesday, April 6, 2022

- **10:00am Check In**
- **Opening Remarks & Information**
 - **HOPWA Announcement**

Presenters

The Sumner Stress Lab at UCLA

[Dr. Jennifer Sumner - Sumnerstresslab@gmail.com](mailto:Sumnerstresslab@gmail.com)

The Sumner Stress Lab is a research laboratory in the Department of Psychology at UCLA, led by Dr. Jennifer Sumner. Our work examines how the experiences of stress and trauma relate to accelerated aging and risk for chronic disease. Most of our studies focus on identifying the psychological and biological mechanisms linking stress and trauma with disease risk, with a particular focus on cardiovascular disease—the leading cause of death and disability worldwide. We examine mechanisms across multiple levels of analysis, from genes to physiology to behavior. The goal of this research is to identify the pathways by which trauma and stress get embedded under the skin to contribute to poor health. We aim to use this knowledge to develop targeted interventions to offset risk for adverse health outcomes.

Welcome Baby Program at Shields for Families

[Stephanie Valencia - Svalencia@shieldsforfamilies.org](mailto:Svalencia@shieldsforfamilies.org)

Welcome Baby is a free program funded by First 5 LA that supports pregnant people and families with newborns in L.A. County. With virtual visits, the program provides personal health and parenting education, plus support with breastfeeding, home safety, and infant development. It also helps families find local community resources that can help them. Website WelcomeBabySupport.org

WIN Los Angeles

[Kevin Pizarro - Kevinp@winla.org](mailto:Kevinp@winla.org)

[Mikala Mulitauaopele - Mikalam@winla.org](mailto:Mikalam@winla.org)

WINLA services families with little ones ages 0-5 by providing case management services, therapy and resource navigation. They also help community organizations in our service areas by providing concrete support either with donation or our time.

Alliance for Housing and Healing

[Christina Mancilla - Cmancilla@AllianceHH.org](mailto:Cmancilla@AllianceHH.org)

Alliance for Housing and Healing provides a clean peaceful and nurturing environment while encouraging self reliance to women as they transition into independent living.

Welcoming Interim Shared Housing

[Ms. Jay - WishWithLove257@gmail.com](mailto:WishWithLove257@gmail.com)

WISH believes in providing housing to homeless and low-income individuals and families who otherwise cannot afford housing in LA and services that are built on integrity.