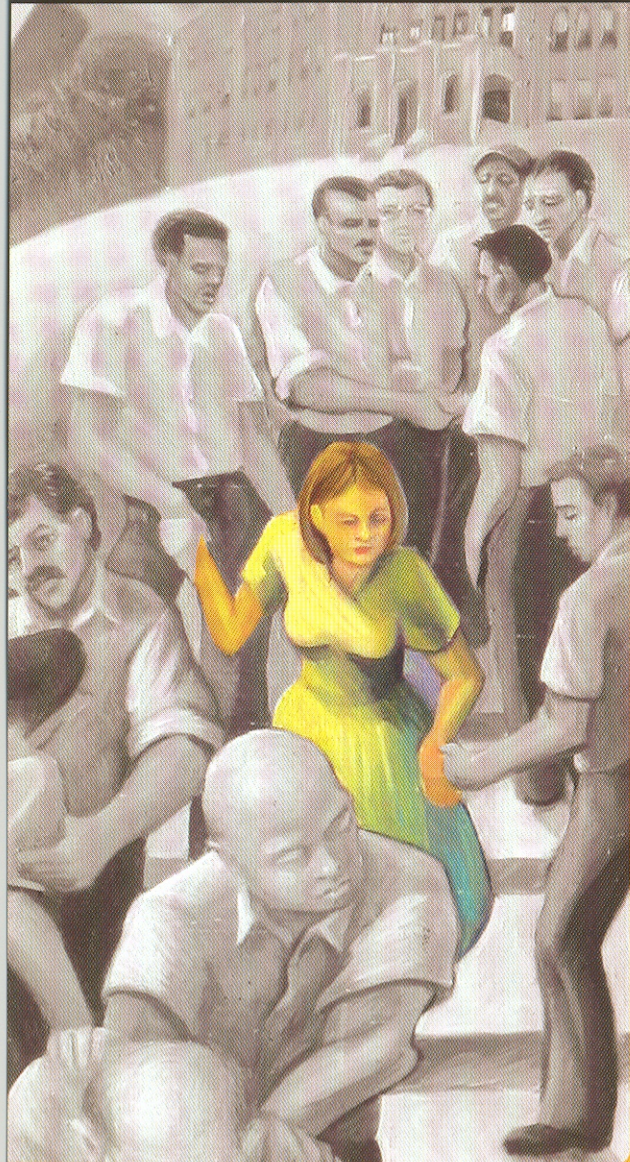


THE NEW DIRECTIONS WOMEN'S PROGRAM WAS THE FIRST PROGRAM IN THE UNITED STATES DESIGNED SPECIFICALLY FOR FEMALE VETERANS DEALING WITH ISSUES OF HOMELESSNESS, DRUG AND ALCOHOL ADDICTION, POST-TRAUMATIC STRESS DISORDER AND OTHER MENTAL HEALTH ISSUES.



For more information about New Directions' Women's Program, please call:

Cherlyn Martin, *Program Supervisor*
at (310) 914-4045, ext. 171, or (310) 709-5871.

For immediate 24-hour assistance, call
New Directions' main telephone line at (310) 914-5966.

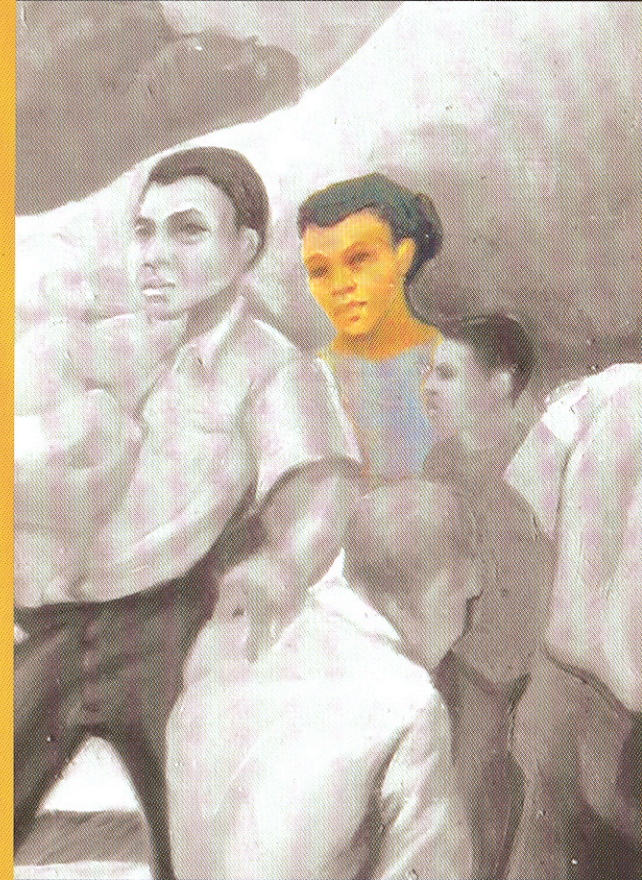


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501(c)(3) non profit organization



NEW DIRECTIONS'
.....
WOMEN'S PROGRAM



THE NEW DIRECTIONS MISSION IS TO EMPOWER VETERANS AND FACILITATE THEIR SUCCESSFUL RETURN TO FAMILIES AND SOCIETY.

WE HELP VETERANS GET THEIR LIVES BACK.

The New Directions Women's Program

is a place for female veterans who have served in any branch of the armed forces.

The program is based in two residential homes in the Mar Vista area of Los Angeles.

The houses are divided according to phases of treatment.



Mitchell House is an emergency shelter, where residents may stay up to 90 days before transitioning to our second phase house. In this first phase of treatment, women attend parenting and anger management classes, addiction and therapy groups and computer classes. Residents are able to further their education and resolve legal and/or financial issues. The second phase residence, Barrington House, is designed for veterans who are employed and/or going to school.

All clients at the Women's Program houses have on-site therapists. The two houses offer female veterans a safe place to **turn their lives around and begin making contributions to the community.**

The program integrates the Seeking Safety model, a trauma treatment initiative that was designed especially for women recovering from trauma and substance abuse. The program also has a long history of assisting clients in regaining custody of their children. Among other services, veterans who enter the New Directions Women's Program are able to receive:

- Substance Abuse Treatment
- Individual & Group Counseling
- Case Management and Advocacy
- Medical Assistance
- Legal Support
- Educational Opportunities
- Vocational Assistance
- Family Reunification
- Money Management

