

HIV SUPPORT GROUPS

Organization	Address	Group Name	Day & Time	Additional Information	SPA
Bienestar (909) 397-7660 www.bienestar.org	<u>San Fernando Valley</u> 8134 Van Nuys Boulevard Suite 200 Panorama City, CA 91402	Decisiones (Español)	Thursday / Jueves 7:00pm – 9:00pm	A sharing space for People Living with HIV/AIDS. For more information, call (866)590-6411 or email info@Bienestar.org . Un espacio de intercambio para personas que viven con VIH/SIDA. Para mas informacion, llame (866) 590-6411 o envíe un correo electrónico: info@Bienestar.org .	2
	<u>Pomona</u> 180 East Mission Boulevard Pomona, CA 91766	Grupo VIH (Español)	Tuesday / Martes 7:00pm – 9:00pm		3
	<u>Hollywood</u> 4955 West Sunset Boulevard Los Angeles, CA 90027	Decisiones (Español)	Tuesday / Martes 7:00pm – 9:00pm		4
	<u>South Los Angeles</u> 130 West Manchester Avenue Los Angeles, CA 90027	Grupo de Apoyo Virtual (Español/ Zoom)	Monday / Lunes 6:00pm – 7:00pm		6
		ECOS (Español/ Zoom)	Tuesday / Martes 6:00pm – 7:00pm		6
		Foro Educativos (Español/ Zoom)	Wednesday / Miércoles 7:00pm – 8:00pm		6

SPA 1- Antelope Valley/ SPA 2- San Fernando/ SPA 3- San Gabriel/ SPA 4- Metro, Downtown LA/ SPA 5-Westside, Santa Monica/ SPA 6- South Los Angeles/ SPA 7- East Los Angeles, Whittier/ SPA 8- South Bay, Long Beach

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<p>Being Alive (323) 874-4322</p> <p>http://beingalivela.org/</p>	<p>6043 Hollywood Boulevard Suite B – Second floor Los Angeles, CA 90028</p>	<p>El Jardin (Español/ Zoom)</p>	<p>Monday / Lunes 7:30pm – 9pm</p>	<p>Support group for anyone who are Spanish speakers and is 40+. Email rnbeingalive@yahoo.com to register.</p> <p>Grupo de apoyo para personas que hablan Español y tienen 40 años o más. Para registrarse, envíe un correo electrónico: rnbeingalive@yahoo.com.</p>	4
		<p>Queen Bees (Virtual on Zoom)</p>	<p>Tuesdays 6:00pm – 7:30pm</p>	<p>Women support group for anyone who expresses or identifies as female/woman. Email becky@beingalivela.org for Zoom information.</p>	4
		<p>Wise Ones (Virtual on Zoom)</p>	<p>Wednesdays 7:00pm – 9:00pm</p>	<p>Drop-in social group for men and women over 35. The topic discusses issues related to aging with HIV and meeting long term survivors dealing with HIV. Email alasdairburton@gmail.com for Zoom information.</p>	4
		<p>Bridging the Gap (Virtual on Zoom)</p>	<p>Thursdays 2:30pm – 4:30pm</p>	<p>A therapist-led open support group for those wishing to build connections as we emerge from the pandemic. This group is open to all ages and gender expressions. Participants must be medicine compliant and not actively using drugs or alcohol. Contact therapist tcaprafmt@gmail.com to be screened to join the group.</p>	4
		<p>Friday Night Life (Virtual on Zoom)</p>	<p>Fridays 7:00pm – 9:00pm</p>	<p>Sing and have fun while lifting your spirit and creative expression. Receive empowering coaching and support. Email garrygobrien@gmail.com for Zoom information.</p>	4

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<p style="text-align: center;">APAIT (213) 375-3830 http://apaitonline.org/</p>	<p style="text-align: center;">3055 Wilshire Boulevard Suite 300 Los Angeles, CA 90010</p>	<p style="text-align: center;">HOPE</p>	<p style="text-align: center;">Monday – Friday</p>	<p>Individuals must be HIV-positive: Men, ages 25 and up and Transgender women of color, ages 18 and up. The course of five weekly sessions. For more information on the HOPE program, please contact: Gabriel Reyes (213) 553-1845.</p>	<p style="text-align: center;">6</p>
<p style="text-align: center;">M.A.P Minority AIDS Project (323)936-4949 www.minorityaidsproject.org</p>	<p style="text-align: center;">5149 West Jefferson Blvd Los Angeles, CA 90016</p>	<p style="text-align: center;">Weekly Support Group / Grupo de Apoyo Semanal</p>	<p style="text-align: center;">Tuesday / Martes 10:30am – 12:00pm</p>	<p>Un grupo de apoyo dirigido por un terapeuta para personas con VIH o SIDA. El almuerzo se proporciona después para aquellos que asisten al grupo. El Martes es solo para habla hispana.</p>	<p style="text-align: center;">6</p>
			<p style="text-align: center;">Thursday 10:30am – 12:00pm</p>	<p>A therapist-led support group for those who are HIV+ or AIDS. Lunch is provided for those who attend group.</p>	
<p style="text-align: center;">East Los Angeles Women’s Center (323) 526-5819 www.elawc.org</p>	<p style="text-align: center;">1431 South Atlantic Blvd Los Angeles, CA 90022</p>	<p style="text-align: center;">Mujeres de Esperanza/ Women with Hope</p>	<p style="text-align: center;">Call for schedule</p>	<p>ELAWC offers a safe space to connect, share and support one another. Offer support awareness, information, interactive learning lessons and options for a healthier living for more information call (800) 400-7432.</p>	<p style="text-align: center;">7</p>

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<p>The LGBTQ Center of Long Beach (562) 434-4455</p> <p>www.centerlb.org</p>	<p>2017 East 4th Street Long Beach, CA 90814</p>	<p>Hive Connections</p>	<p>Mondays 5:00pm – 6:15pm</p>	<p>Support group for HIV – positive gay men and men over 50+. Must contact Michael (562)434 – 4455 or email mbuitron@apla.org before first meeting.</p>	<p>8</p>
		<p>Support Positive</p>	<p>Fridays 7:00pm – 8:30pm</p>	<p>Discusses issues such as understanding medical care, treatment options, dealing with family, work, and friends. For more information contact Michael (562) 273-7353.</p>	<p>8</p>
		<p>Living with HIV/AIDS</p>	<p>Wednesdays 12:00pm – 1:30pm</p>	<p>Support group for gay men who are HIV+. For more information, contact Jimmy at (562) 852-8763.</p>	<p>8</p>