

HIV SUPPORT GROUPS

Organization	Address	Group Name	Day & Time	Additional Information	SPA
<u>Bienestar</u>	180 East Mission Blvd. Pomona, CA 91766 (909) 397-7660 www.bienestar.org	New Frontiers	Monday 7:00pm-9:00pm	A sharing space for People Living with HIV/AIDS.	3
		Emotional Support	Wednesday 7:00pm-9:00pm	To access any other of the location please contact (866) 590-6411	
<u>Being Alive</u>	7531 Santa Monica Blvd. Ste. 100 West Hollywood, CA 90046 (323) 874-4322 http://beingalivela.org/	Process Group	Monday 7:30pm-9:00pm	Closed therapy for men over 45. Discussion topics related to HIV and other issues to help one another find inner strength and to thrive. Must schedule appointment.	4
		Shameless	Tuesday 6:00pm-7:00pm	Drop in, therapy group that takes the shame and stigma out of sex for HIV+ individuals. New topics weekly.	
		Wise Guys	Wednesday 7:00pm-9:00pm	Drop in social group for men and women over 35. The topic discusses issues related to aging with HIV and meeting long term survivors dealing with HIV.	
		Positively New	Thursday 7:00pm-8:30pm Call for address	Support group for those newly diagnosed under 35, with an emphasis on coping skills, education, emotional well-being, and referrals. For more information call (323) 365-5600	
		Friday Night Light	Friday 7:00pm-9:00pm	Sing and have fun while lifting your spirit and creative expression. Receive empowering coaching and support.	
		Moving Forward	Sunday 6:00pm-7:30pm	Support group for those newly diagnosed with HIV with an emphasis on coping skills, education, and emotional well-being.	

SPA 1- Antelope Valley/ SPA 2- San Fernando/ SPA 3- San Gabriel/ SPA 4- Metro, Downtown LA/ SPA 5- Westside, Santa Monica/ SPA 6- South Los Angeles/ SPA 7- East Los Angeles, Whittier/ SPA 8- South Bay, Long Beach

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<p><u>The Life Group LA</u></p>	<p>1049 Havenhurst Drive West Hollywood, CA 90046</p> <p>(888) 208-8081 www.thelifegroupla.org</p>	<p>HIV+ Men's Group HIV+ Long Term Negative Partners Group Different Couples Group</p>	<p>Call for schedule</p>	<p>Weekly emotional support groups. Ongoing and closed groups meet once per week for 2 hours. No drop-in visitors are permitted.</p>	<p style="text-align: center;">4</p>
<p><u>The Black Aids Institute</u></p>	<p>4251 Crenshaw Blvd. Los Angeles, CA 90008</p> <p>(213) 353-3610 www.blackaids.org</p>	<p>Revolution in Color</p>	<p>Call for schedule and address</p>	<p>For HIV+ black, gay, and bisexual men. Sets out to create a sense of community confidence and brotherhood. This program is for men only.</p>	<p style="text-align: center;">6</p>
<p><u>East Los Angeles Women's Center</u></p>	<p>1431 South Atlantic Blvd. Los Angeles, CA 90022</p> <p>(323) 526-5819 www.elawc.org</p>	<p>Mujeres de Esperanza (Women of Hope)</p>	<p>Call for schedule</p>	<p>ELAWC offers a safe space to connect, share and support one another. Offer support awareness, information, interactive learning lessons, and options for a healthier living for more information call (800)400-7432.</p>	<p style="text-align: center;">7</p>
<p><u>The LGBTQ Center of Long Beach</u></p>	<p>2017 East 4th Street Long Beach, CA 90814</p> <p>(562) 434-4455 www.centerlb.org</p>	<p>Living with HIV/AIDS</p>	<p>Wednesday (Men Only) 12pm-1:30pm</p>	<p>Support group for HIV+ gay men. Must contact Jimmy (562) 318-8039 before first meeting.</p>	<p style="text-align: center;">8</p>
		<p>Support Positive</p>	<p>Friday 7pm-8:30pm</p>	<p>Discusses issues such as understanding medical care, treatment options, dealing with family, work, and friends. For more information contact Michael (562) 624-4977</p>	