



**St Joseph Center's**  
**Prevention & Early Intervention Program**  
**PEI Info Sheet**

**PEI Requirements:**

- 18+
- We accept Medical Insurance, Medi-Medi, or those w/no insurance (not Medicare only or private insurance)
- No history of severe mental illness (psychosis, bipolar, psych hospitalizations, active SI/ HI)

**PEI Benefits:**

- One-on-one counseling/therapy
- Individualized treatment plans
- Services are free!
- Specialized therapeutic methods to target current stressors, including Cognitive Behavioral Therapy, Seeking Safety, Interpersonal Therapy, and Crisis Oriented Recover Services
- Supportive case management (linkages, skill building, and coping skills)
- Access to other St. Joseph Center resources such as the food pantry, Culinary Training Program, Codetalk & more
- Wellness groups & presentations available for agencies

**For more information or to make a referral to PEI:**

Email Alex Tripoli:

[atripoli@stjosephctr.org](mailto:atripoli@stjosephctr.org) or call cell: 323.961.1658