



BEHAVIORAL HEALTH REFERRAL FORM

Date of Referral: _____

Client Information

Name of Youth: _____ Grade: _____ DOB: _____

Guardian: _____ Relation to Youth: _____ Preferred Language: _____

Address: _____

Phone: _____ Alternative Phone: _____

Medi-Cal / Insurance Card #: _____ Insurance Plan: _____ N/A

Parent/Guardian signature: (if possible) _____

Referral Information

Name of Agency and/or Person making referral: _____

Contact number: _____ Fax #: _____ Email: _____

Reason for referral:

Depressed mood Difficulty Sleeping Irritable/Easily Angered Nervous/Anxious Trauma

Crying Spells Low Self Esteem Mood Swings Difficulty concentrating

Hallucination Fidgety/Restless Thoughts of hurting self Thoughts of hurting others

Other, Explain: _____

Substance Use: Alcohol Marijuana Opioids (Vicodin, Heroin, etc.) Tobacco Inhalants Ecstasy

Benzodiazepines (Valium, Xanax, etc.) Amphetamines (Cocaine, Adderall, etc.) Unknown

Others: _____

Once completed, please FAX this form to: 1 (818) 936-0137

Or Email to tzyouthnavigation@tarzanatc.org

Please call for more information or to set up an appointment

Tarzana Treatment Centers Youth Outpatient

1 (818) 996-1051 ext. 3100