

HIV SUPPORT GROUPS

Organization	Address	Group Name	Day & Time	Additional Information	SPA
Bienestar (909) 397-7660 www.bienestar.org	180 East Mission Blvd. Pomona, CA 91766	Emotional Support	Wednesday 7pm-9pm	A private space for people to share living with HIV/AIDS. To access any other of the location please contact (866) 590-6411	3
Being Alive (323) 874-4322 http://beingalivela.org/	7531 Santa Monica Blvd. Ste. 100 West Hollywood, CA 90046	Strength with Women's Group	Monday 7:15pm-8:15pm	Open support group for HIV women. Discussion topics related to HIV and other women's issue to help one another find inner strength and to thrive.	4
		Shameless	Tuesday 6pm-7pm	Drop in, therapy group that takes the shame and stigma out of sex for HIV + individuals or serodiscordant couples. New topic weekly.	4
		Wise Guys	Wednesday 7pm-9pm	Drop in social group for men and women over 35. The topic discusses issues related to aging with HIV and meeting long term survivors dealing with HIV.	4
		Positively New	1 st and 3 rd Thursday of the month 7:30pm-9:30pm	Support group for those newly diagnosed under 35 with an emphasis on coping skills, education, emotional well-being, and referrals.	4
		Sing out	2 nd and 4 th Thursday of the month 6:30pm-7:30pm	Sing and have fun while lifting your spirit and creative expression. Receive empowering coaching and support.	4
	8857 Santa Monica Blvd. West Hollywood, CA 90069	Let's Taco Bout It	Tuesday 7:30pm-9:00pm	Group meeting is held at Micky's WEHO, an open social group to get out and meet new friends while getting to enjoy \$5 all you can eat tacos.	4
	1151 North La Brea West Hollywood, CA 90038	Friday Night Lite	Friday 7pm-9pm	Safe environment with other HIV men who can support each other in a compassionate and uplifting way.	4

SPA 1- Antelope Valley/ SPA 2- San Fernando/ SPA 3- San Gabriel/ SPA 4- Metro, Downtown LA/ SPA 5-Westside, Santa Monica/ SPA 6- South Los Angeles/ SPA 7- East Los Angeles, Whittier/ SPA 8- South Bay, Long Beach

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<p>The Life Group LA (888) 208-8081 www.thelifegroupla.org</p>	<p>7985 Santa Monica Blvd. # 109-330 Los Angeles, CA 90046</p>	<p>HIV + Men's Group HIV + Long Term Negative Partners Group Different couples Group</p>	<p>Call for days and time</p>	<p>Emotional support groups are weekly. Ongoing and closed groups meet once per week for 2 hours. No drop-in visitors are permitted.</p>	<p>4</p>
<p>SHARE (213) 213-0100 www.shareselfhelp.org</p>	<p>425 South Broadway Los Angeles, CA 90013</p>	<p>T.L.H. Awareness Group</p>	<p>Saturday 10am-11am</p>	<p>Groups share about how they are dealing with issues.</p>	<p>4</p>
<p>The Black Aids Institute (213) 353-3610 www.blackaids.org</p>	<p>4251 Crenshaw Blvd. Los Angeles, CA 90008</p>	<p>Stay Up (unapologetically Positive)</p>	<p>Friday 8am-5pm</p>	<p>For HIV-positive black, gay, and bisexual men. Sets out to create a sense of community confidence and brotherhood. This program is for men only.</p>	<p>6</p>
<p>East Los Angeles Women's Center (323) 526-5819 www.elawc.org</p>	<p>1431 South Atlantic Blvd. Los Angeles, CA 90022</p>	<p>Mujeres de Esperanza/ Women with Hope</p>	<p>Call for day and time</p>	<p>ELAWC offers a safe space to connect, share and support one another. They also offer support awareness, information, interactive learning lessons and options for a healthier living.</p>	<p>7</p>
<p>The LGBTQ Center of Long Beach (562) 434-4455 www.centerlb.org</p>	<p>2017 East 4th Street Long Beach, CA 90814</p>	<p>Living with HIV/AIDS</p>	<p>Wednesday 12pm-1:30pm</p>	<p>Support group for HIV-positive gay men. Must contact Jimmy (562) 852-8763 before first meeting.</p>	<p>8</p>
		<p>Support Positive</p>	<p>Friday 7pm-8:30pm</p>	<p>Discusses issues such as understanding medical care, treatment options, dealing with family, work and friends. For more information contact Michael (562) 624-4977</p>	<p>8</p>