

ACCESS CENTERS

Agency	Contact	Day/Time	Requirements/Additional Information	SPA
<p style="text-align: center;">Showers Of Hope- Palmdale 38626 9th Street E Palmdale, CA 93550</p>	<p>theshowerofhope.org</p>	<p>Monday, Wednesday and Friday 9am-12pm</p>	<ul style="list-style-type: none"> • Men & women • Showers and shower supplies <p>To view more dates and locations please visit: https://theshowerofhope.org/resources/</p>	1
<p style="text-align: center;">Hope Of The Valley North Hollywood Navigation Center 11839 Sherman Way North Hollywood, CA 91605</p>	<p>Front desk (818) 301-7988</p>	<p>Monday-Friday 8am-3:30pm</p> <p>Saturday 8am-1pm (Storage only)</p>	<ul style="list-style-type: none"> • Men and women • Center provides: case management, community referrals, showers, and storage • Free voluntary storage up to 60 gallons of personal property • All shower supplies will be provided <p>Must be a North Hollywood resident</p>	2
<p style="text-align: center;">Ascencias Access Center 1851 Tyburn Street Glendale, CA 91204</p>	<p>Front desk (818) 246--7900</p>	<p>Monday-Thursday 7am-4pm</p> <p style="background-color: yellow;">Center is closed due to COVID-19</p>	<ul style="list-style-type: none"> • Intake interviews are held Tuesday and Thursday by appointment only • Center provides: homeless assistance, employment assistance, mental health services, and substance abuse • Must provide proof of income, SSN, and picture ID 	2

SPA Location Key: SPA1-Antelope Valley / SPA 2-San Fernando / SPA 3-San Gabriel / SPA 4-Metro, Downtown LA / SPA 5-Westside, Santa Monica / SPA 6-South Los Angeles / SPA 7- East Los Angeles, Whittier / SPA 8-South Bay, Long Beach

<p>Mid Valley Family YMCA 6901 Lennox Avenue Van Nuys CA 91405</p>	<p>Front desk (818) 989-3800</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>2</p>
<p>North Valley YMCA 11336 Corbin Avenue Northridge, CA 91326</p>	<p>Front desk (818) 368-3231</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>2</p>
<p>West Valley Family YMCA 11810 Vanowen Street Reseda, CA 91335</p>	<p>Front desk (818) 774-2840</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>2</p>
<p>Showers Of Hope- Pasadena Knox Presbyterian 225 South Hill Avenue Pasadena, CA 91106</p>	<p>theshowerofhope.org</p>	<p>Wednesday 8am-12pm</p>	<ul style="list-style-type: none"> • Men & women • Showers and shower supplies <p>To view more dates and locations please visit: https://theshowerofhope.org/resources/</p>	<p>3</p>

<p>Showers Of Hope- Holy Family South Pasadena 1520 Fremont Avenue South Pasadena, CA 91030</p>	<p>theshowerofhope.org</p>	<p>Wednesday 8:30am-12pm</p>	<ul style="list-style-type: none"> • Men & women • Showers and shower supplies <p>To view more dates and locations please visit: https://theshowerofhope.org/resources/</p>	<p>3</p>
<p>Downtown Women’s Day Center 442 South San Pedro Street Los Angeles, CA 90013</p>	<p>Front desk (213) 680-0600</p>	<p>Monday-Friday 9am-10am Saturday & Sunday 9am-10am</p>	<ul style="list-style-type: none"> • Women only • For intake, must attend orientation on Mondays or Wednesdays 9am, Saturday at 9am • Orientation for Spanish speaking clients 9am • Center provides: private bathrooms, showers, laundry facility, access to phone calls, computers, secure mailing address, and clothing • Picture ID <p>Must provide current TB test</p>	<p>4</p>
<p>Compassion Connection 1711 North Van Ness Avenue Hollywood, CA 90028</p>	<p>Front desk (323) 797-8022</p>	<p>Tuesday-Friday 10am-3pm</p>	<ul style="list-style-type: none"> • Showers • Shower supplies • Clothes • Showers are located in the parking lot of the Hollywood Adventist Church. Please text the front desk to schedule a shower, as walk-ins may not be guaranteed a shower slot 	<p>4</p>
<p>Refresh Spot 544 Towne Avenue Los Angeles, CA 90013</p>	<p>Front desk (213) 744-0724</p>	<p>24/7 6am-6pm (laundry services)</p>	<ul style="list-style-type: none"> • Showers • Laundry • Restrooms • Center provides: phone charging, hygiene kits, pet supplies and drinking water 	<p>4</p>

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<p>Anderson Munger Family YMCA 4301 West 3rd Street Los Angeles, CA 90020</p>	<p>Front desk (213) 427-9622</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>4</p>
<p>St. Francis Center 1835 South Hope Street Los Angeles, CA 90015</p>	<p>Front desk (213) 747-5347</p>	<p>Monday-Friday 7am-3pm</p> <p>Tuesday 8:30am-12:30pm</p> <p>Saturday 7am-1pm</p>	<ul style="list-style-type: none"> • Center provides: access to shower rooms, hygiene kits, toiletries, undergarments, and case management • For Food Pantry program, participant must register online or call the center • Must provide proof of income and picture ID • Register at www.sfcla.org 	<p>4</p>
<p>Annenberg 503 Olympic Boulevard Santa Monica, CA 90401</p>	<p>Front desk (310) 450-4050</p>	<p>Monday-Friday 9am-5pm</p> <p>Tuesday 1pm-5pm</p> <p>Center is closed every first & second Wednesday of the month</p>	<ul style="list-style-type: none"> • Center provides: clothing, meals, mail, phone services, mental health, counseling, and medical assistance • On site medical care 	<p>5</p>

<p>Shwashlock 505 Olympic Boulevard Santa Monica, CA 90401</p>	<p>Front desk (310) 450-4050</p>	<p>Monday- Friday 8am-5pm Tuesday 1pm-5pm Center is closed every first & second Wednesday of the month</p>	<ul style="list-style-type: none"> • Center provides: showers, washers, and lockers • Center provides two meals a day • Project Homecoming- Must provide a valid picture ID • Last shower is at 3:30pm 	<p>5</p>
<p>Westchester Family YMCA 8015 South Sepulveda Boulevard Westchester, CA 90045</p>	<p>Front desk (310) 670-4316</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>5</p>
<p>Weingart YMCA Wellness & Aquatic Center 9900 South Vermont Avenue Los Angeles, CA 90044</p>	<p>Front desk (323) 754-3191</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>6</p>

<p>Doors Of Hope Women Shelter 529 North Broad Avenue Wilmington, CA 90744</p>	<p>Front desk (310) 518-3667</p>	<p>Monday & Thursday 8:30am Must arrive by 8:20am</p>	<ul style="list-style-type: none"> • Single women, 18 years or older • If taking medication must provide a picture ID • Day out shelter, clients can come back at 3pm • Center provides: breakfast, dinner, washers, showers, and clothing 	<p>8</p>
<p>Wilmington YMCA 1121 North Avalon Boulevard Wilmington, CA90744</p>	<p>Front desk (310) 522-2100</p>	<p>Monday-Friday 9am-2pm</p>	<ul style="list-style-type: none"> • Showers • Bathrooms • Lockers <p>Center provides basic hygiene facilities for unsheltered Angelenos to help prevent the spread of COVID-19</p>	<p>8</p>
<p>Long Beach Multi-Service Center 1301 West 12th Street Long Beach, CA 90813</p>	<p>Front desk (562) 570-4500</p>	<p>Monday-Friday 8am-11am</p>	<ul style="list-style-type: none"> • Men only • Center provides: case management, showers, hygiene products, and community referrals • On-site medical clinic 	<p>8</p>
<p>Long Beach Multi-Service Center 1301 West 12th Street Long Beach, CA 90813</p>	<p>Front desk (562) 570-4500</p>	<p>Monday-Friday 1pm-1:30pm Thursday 1pm-2:45pm</p>	<ul style="list-style-type: none"> • Women only • Center provides: case management, showers, hygiene products, and community referrals • On-site medical clinic 	<p>8</p>