

Agency	Contact	Hours of Operation	Requirements/Information	SPA
Penny Lane Center- Yellow Submarine- TAY Drop In 43520 Division St Lancaster, CA 93535	Front desk (661) 266-4783	Monday-Friday 8am-6pm Saturday 8am-8pm	<ul> <li>For ages 15-25</li> <li>The Center provides case management, therapy, psychiatry services</li> <li>Employment assistance</li> <li>Showers, meals, and laundromat services</li> <li>Housing Supported Services Program (HSSP)</li> </ul>	1
The Children's Center of the Antelope Valley 45111 Fern Avenue Lancaster, CA 93535	Front desk (661) 949-1206	Monday, Tuesday & Thursday 1pm-7pm Saturday & Sunday 11pm-5pm	<ul> <li>For ages 15-25</li> <li>The Center provides case management</li> <li>Employment assistance</li> <li>Showers, meals, and laundromat services</li> <li>Housing Supported Services Program (HSSP)</li> </ul>	1
Hope of the Valley North Hollywood Navigation Center 11839 Sherman Way North Hollywood, CA 91605	Front desk (818) 301-7988	Monday-Friday 8am-3pm Saturday 8am-1pm (Storage only)	<ul> <li>The Center provides case management, community referrals, showers, and storage</li> <li>Employment assistance</li> <li>Shower supplies will be provided.</li> <li>Takes walk-ins *Must be a San Fernando Valley (SPA 2) resident</li> </ul>	2



CES Center	Contost	Have of Operation	Deminerate/Information	CDA
Hope of the Valley The HELP Center 6425 Tyrone Ave Van Nuys, CA 91401	Front desk (818) 804-5507	Monday -Friday 8am - 3pm	<ul> <li>Requirements/Information</li> <li>Shelter referrals</li> <li>Showers with hygiene products available</li> <li>For single men and single women</li> </ul>	SPA 2
The Village Family Services - TAY Drop In 6801 Coldwater Canyon Ave North Hollywood, CA 91605	Front desk (818) 738-7327	Monday-Friday 11am-7pm Saturday-Sunday 9:30am-1:30pm	<ul> <li>For ages 16-25</li> <li>Center provides housing referrals, employment assistance, and education assistance</li> <li>Meals, showers, and laundry services.</li> <li>Must provide proof of income, SSN, and picture ID</li> <li>For more information, please visit: <a href="https://thevillagefs.org/for-youth/">https://thevillagefs.org/for-youth/</a></li> </ul>	2
Showers Of Hope - Pasadena Knox Presbyterian 225 South Hill Ave Pasadena, CA 91106	theshowerofhope.org	Wednesday 9am-1pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	3
YMO Peer Resource Center - Hillsides 456 East Orange Grove Blvd Suite 140 Pasadena, CA 91104	Front desk (626) 765-6010	Monday, Friday 9am-6pm Tuesday, Thursday 10:30am-8pm Wednesday 10:30am-6pm	<ul> <li>For ages 16-25</li> <li>Center provides hygiene kits, referrals for education, employment assistance, case management, and housing referrals</li> <li>Laundry services</li> <li>Food</li> <li>For more information, please visit: <a href="https://youthmovingon.org/resource-center">https://youthmovingon.org/resource-center</a></li> </ul>	3



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CES Center  Downtown Women's Day Center  442 South San Pedro St Los Angeles, CA 90013	Front desk (213) 680-0600 Option 2	Monday-Sunday 8am-3pm	<ul> <li>First come, first serve basis</li> <li>Services for women only</li> <li>For intake, must attend orientation on Monday, Wednesday or Saturdays at 9am.</li> <li>Center provides private bathrooms, showers, access to phone calls, computers, a secure mailing address, meals and clothing</li> <li>Picture ID is optional</li> <li>For more information, please visit: <a href="https://downtownwomenscenter.org/get-help/">https://downtownwomenscenter.org/get-help/</a></li> </ul>	4
<b>St. Francis Center</b> 1835 South Hope St Los Angeles, CA 90015	Front desk (213) 747-5347	Office hours: Monday-Friday 7am-3pm Shower hours: Fridays 6am-7:30am	<ul> <li>Center provides access to shower rooms, hygiene kits, toiletries, undergarments, and case management</li> <li>Laundry services</li> <li>For the Food Pantry program, participants must register online or call the center</li> <li>For case management, please provide proof of income and a picture ID</li> <li>Register at www.sfcla.org</li> </ul>	4
Showers Of Hope - Hollywood Adventist Church 1711 North Van Ness Ave Los Angeles, CA 90028	theshowerofhope.org	Tuesday, Wednesday, Friday 10am-2pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	4



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Showers Of Hope - Lincoln Park 3846 Selig Pl Los Angeles, CA 90033	theshowerofhope.org	Sunday 9am-1pm (Few slots, please arrive by 8am)	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	4
Showers Of Hope - Clinica Romero Boyle Heights 2032 Marengo St Los Angeles, CA 90033	theshowerofhope.org	Friday 8:30am-12:30pm	<ul> <li>Showers available</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	4
Showers Of Hope - St. James Korea Town 3903 Wilshire Blvd Los Angeles, CA 90010	theshowerofhope.org	Saturday 9am-1pm	<ul> <li>Showers available</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	4
Showers Of Hope - Hollenbeck Park 415 South Louis St Los Angeles, CA 90033	theshower of hope.org	Tuesday 9am-1pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	4
The People's Concern Annenberg 503 Olympic Blvd Santa Monica, CA 90401	Front desk (310) 450-4050	Monday-Friday 9am-5pm Tuesday 1pm-5pm Center is closed every first & second Wednesday of the month	<ul> <li>Center provides clothing, meals, mail, phone services, mental health, and counseling</li> <li>On-site medical care, dental, and vision</li> <li>Emergency shelter</li> <li>MUST be under case management</li> </ul>	5



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The People's Concern Shwashlock 505 Olympic Blvd Santa Monica, CA 90401	Front desk (310) 450-4050	Monday- Friday 8am-12pm 1pm-4pm Saturday-Sunday 8am-12pm	<ul> <li>Must qualify for services</li> <li>Center provides showers, washers, and lockers</li> <li>Center provides two meals a day at 9am-12pm and 3pm</li> </ul>	
		Center is closed every first & second Wednesday of the month	<ul> <li>Project Homecoming- must provide a valid picture ID</li> <li>Last sign up for shower is at 3pm</li> <li>Laundry</li> </ul>	
Shower of Hope - Ephesus 7 <sup>th</sup> Day Adventist 7005 Western Ave Los Angeles, CA 90047	theshowerofhope.org	Monday 9:30am – 1:30pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	6
Showers Of Hope - Trinity Baptist Church 2040 West Jefferson Blvd Los Angeles, CA 90018	theshowerofhope.org	Friday 9am-1pm	<ul> <li>Showers and shower supplies</li> <li>Navigation Center</li> <li>To view more dates and locations please visit: <a href="http://theshowerofhope.org/resources/">http://theshowerofhope.org/resources/</a></li> </ul>	6



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Penny Lane Centers - Yellow Submarine TAY Drop In 5628 East Slauson Ave Commerce, CA 90040	Front desk (323) 318-9960	Tuesday-Friday 1pm-7pm Saturday 8am-8pm	<ul> <li>For men and women ages 16 - 25</li> <li>Center provides case management, community referrals, and education assistance</li> <li>Employment assistance</li> <li>Showers, meals, and laundromat services</li> </ul>	7
Showers Of Hope - City of Downey 7878 Telegraph Rd Downey, CA 90240	theshowerofhope.org	Sunday 11am-3pm	<ul> <li>Showers and shower supplies</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: https://theshowerofhope.org/resources/</li> </ul>	7
Long Beach Multi-Service Center 1301 West 12 <sup>th</sup> St Long Beach, CA 90813	Front desk (562) 570-4500	Monday, Tuesday, Wednesday, Friday 8am-4pm Closed for lunch from 12pm – 1pm	<ul> <li>First come, first serve basis</li> <li>Please arrive early, initial sign up begins at 8am</li> <li>For men and women</li> <li>Center provides case management, showers, hygiene products, and community referrals</li> <li>On-site medical clinic</li> </ul>	8



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Shower of Hope - St. Margaret's Center 10217 South Inglewood Ave Inglewood, CA 90304	theshowerofhope.org	Monday 9:30am-1:30pm	<ul> <li>Showers available</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: https://theshowerofhope.org/resources/</li> </ul>	8