PROJECT ANGEL FOOD

Medically Tailored Home Delivered Meal Program

Delicious and Nutritious Meals delivered free of charge to
People with critical illness throughout all of Los Angeles County

Food Is Medicine

Project Angel Food cooks and delivers meals with love, free of charge to homebound men, women and children suffering from the dual challenges of hunger and critical illness throughout Los Angeles County. Our meals are designed by registered dietitians, cooked by professional chefs and devoted volunteers in our kitchen in Hollywood, and then delivered to your home weekly by skilled professional drivers.
Since 1989, Project Angel Food has delivered 10 million meals to more than 18,000 unique persons.

OUR PROGRAM
You may be eligible for service if you are homebound by illness, too weak to shop or cook for yourself or to stand in line at stores or food banks. We work closely with your doctor to manage your illness by providing the required nutritional oversight and medically tailored meals for your recovery.

- Renal diets low in sodium, potassium and phosphorous to complement dialysis.
- Low-salt diets to reduce blood pressure.
- High calorie diets to maintain weight levels for persons undergoing chemotherapy.
- Spice-free, low-fiber diets for gastrointestinal issues.
- Carbohydrate controlled diets to regulate blood sugar levels in diabetics.

HOW TO GET STARTED

1. **Obtain Application Forms**: download from our website **angelfood.org**
   Push button *REQUEST MEALS* or under the tab *CLIENTS* go to *Become a Client*
   Or call us at **(323) 845-1810** or toll free **(800) 761-8889** and we will mail application.
2. **Complete Documents:** sign the *Eligibility Consent Form* and give to your doctor to complete; sign other forms as requested. All documents must be mailed or faxed to Project Angel Food per instructions before meal deliveries can begin. Everything we receive is kept strictly confidential.
3. **Complete Intake Interview:** once documents are received, Project Angel Food will call you for a brief interview with our Dietitian in order to medically tailor meals specifically for you.
4. ****Be Home for your Delivery****