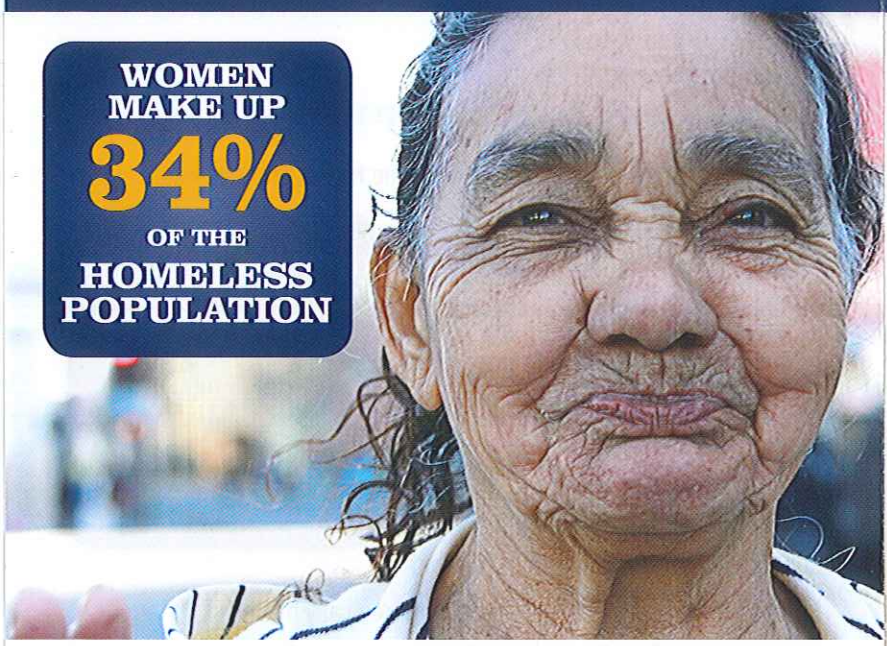


WOMEN
MAKE UP
34%
OF THE
HOMELESS
POPULATION



Basic Needs

GIVING INDIVIDUALS A SENSE OF SELF-WORTH

Every day thousands of people walk through our doors in need of basic human necessities. The Midnight distributes items we take for granted such as hygiene kits, which include soap, toothpaste and a tooth brush. Families

Nearly
10,000
HYGIENE KITS
distributed per year

that need groceries may also receive a box full of nonperishable food and diapers are available for those who have young children.

Bathrooms in Skid Row are scarce. The Midnight Mission is one of only three facilities that allow 24-hour access to restrooms and showers. Emergency clothing is also readily available, which gives people a renewed sense of self-worth and belonging within their community, along with connections to mental and physical health care services and housing resources.

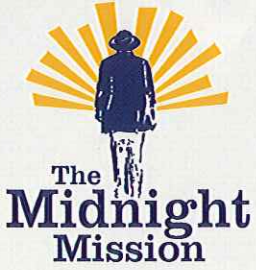
-  Soap
-  Shower
-  Restrooms
-  Toothbrush & Toothpaste
-  Clothing
-  Groceries
-  Baby Diapers

Women
EMERGENCY SHELTER

The Midnight Mission has always had the unique advantage of being at ground zero of the homeless epidemic. We see changes in the homeless community before others do and have seen the rapid increase in women experiencing homelessness first hand. Due to the lack of beds available to women and the risks they run of being sexually or physically abused, TMM offers them protection and peace of mind with our Safe Sleep and Courtyard Outreach Programs. Women in these programs are kept safe by our security staff, which monitors the areas 24 hours a day. Our female outreach staffer builds relationships with our women guests, encouraging them to take advantage of our other services, and helps guide them on their path to finding permanent housing. Because Skid Row isn't a healthy place for children, women with children are housed at our HomeLight Family Living Program located in a residential community away from Skid Row.

About The Midnight Mission:

Founded in 1914, The Midnight Mission offers paths to self-sufficiency to men, women and children who have lost direction. Our emergency services and 12-step recovery, family living, job training, education and workforce development programs offer a compassionate bridge to achieve and maintain healthy, productive lives. We remove obstacles and provide the accountability and structure that people who are experiencing homelessness need to be productive in their communities. Our conviction and commitment to their success define us. For additional information, please visit www.midnightmission.org.

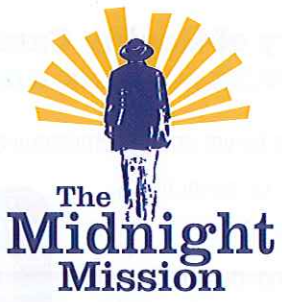


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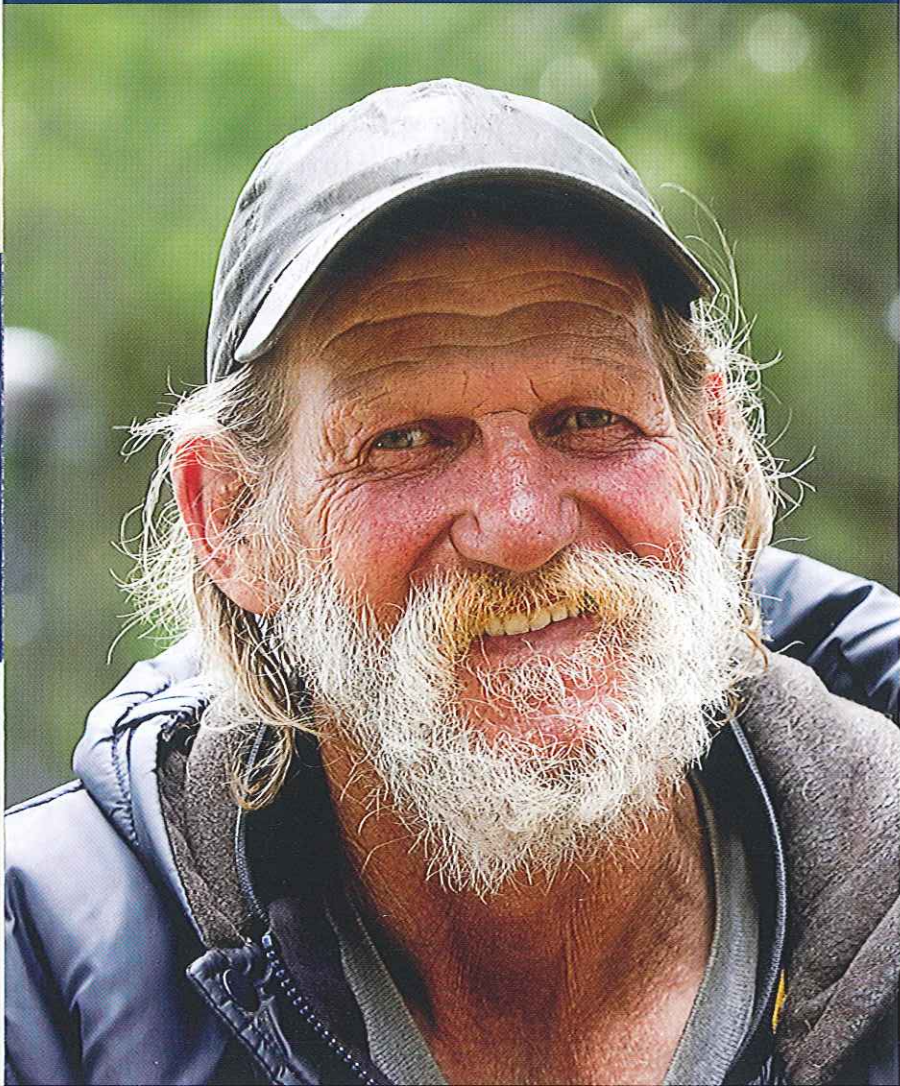
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HOPE, HELP & DIGNITY FOR THOSE WHO NEED IT MOST.

Emergency Services



Over a Century of Quality Care

HOMELESS SERVICES FOR A GROWING COMMUNITY

This year has proven to be yet another challenging year for The Midnight Mission and our surrounding communities. With the rise in homelessness persisting, the services we provide at our shelter are needed now more than ever. The Midnight Mission has been feeding and caring for homeless individuals for over 100 years. In 1914, the year that we were founded, the

On any given night
1 OUT OF EVERY **217**
people in
LA COUNTY
are
HOMELESS

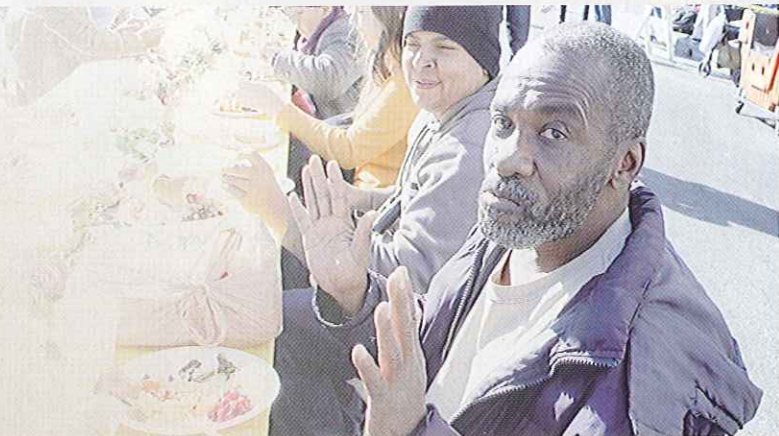
In the past year,
people living in
tents, vehicles and
makeshift shelters
have increased by

20%

week to men women and children of all ages, ethnicities, religions and sexual orientation. Among the many services we provide are medical care, a recovery program and we even provide diapers to the babies of homeless and low income parents.

hot meal and place to sleep. Times have changed dramatically. Our services have expanded to meet the needs of a diverse community where homelessness has reached a crisis stage. We now serve three free nutritious meals a day, seven days a

week to men women and children of all ages, ethnicities, religions and sexual orientation. Among the many services we provide are medical care, a recovery program and we even provide diapers to the babies of homeless and low income parents.



Daily Meal Service

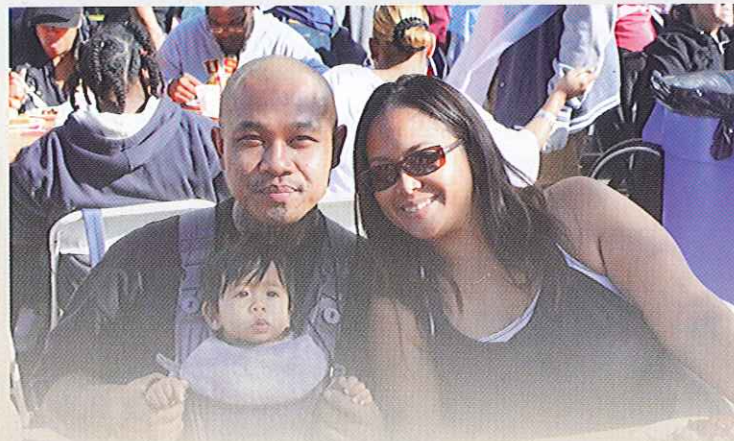
PROVIDING NUTRITIOUS MEALS TO ALL IN NEED

We serve three hot, nutritious meals daily to anyone who walks through our doors. Many children come in for breakfast with their families early in the morning and are given a sack lunch to take to school. We see many working adults whose paychecks are not enough to sustain them take part in our meal service. We give anyone in need, no matter their circumstances, the same opportunity to eat three meals a day, seven days a week. Our daily meal service is a vital first step toward living a self-sufficient life. Our community trusts us and relies on this vital service. With your support, we can continue to feed all those who come to us experiencing hunger.

One Million
Meals
Served Annually



On average
1 out of every **7**
Californians does
not know where
their next meal will
come from.



Shelter

PROJECT SAFE SLEEP / COURTYARD OUTREACH

We know that, like us, you cannot bear the thought of someone spending even one night out on the streets. Providing a safe, warm night of sleep leads to a better state of mind, which can influence an individual or family to take advantage of our other services.

Our Courtyard Outreach Program is a one-of-a-kind rescue program operated by our caring staff, who help the most chronically homeless individuals on Skid Row take back their lives. The Courtyard is monitored 24/7 to ensure the safety and wellbeing of our guests.

91%
of your donations
go directly toward
program services.

The Courtyard helps break the cycle of homelessness as our staff identifies the community's most vulnerable people and creates a bridge for them to access our life-saving services. Our staff establishes

a bond with our guests which in turn create trust, allowing our guests to feel confident that they can work with us on the issues that led to their homelessness. Once our guests have developed a level of trust, we can connect them with medical, mental or legal resources to address issues they may be experiencing, including housing assistance. We cannot continue these lifesaving services without your support. This is the day for you to help end the cycle of homelessness.

L.A. County has
47,000
HOMELESS
and only
11,000
SHELTER BEDS





Our **Job Training Program** offers vocational planning and connections to valuable professional resources, allowing employment to become a reality for our participants.

No matter what educational level our participants have achieved, everyone receives assistance with resume writing, their job search and interview skills. We also have a hands-on learning program that teaches the importance of communication, teamwork, integrity and how to make sound decisions. These are vital skills for anyone entering the workplace.

91% of all monies raised are used for direct and indirect Program Related Services offered by The Midnight Mission.

Transforming lives through education and job training would not be possible without the generous support of individuals like you.



Offering a Hand Up and not just a Hand Out

The Midnight Mission has been serving the community since 1914, and is one of the oldest continuously running human services organizations in Southern California. We take pride in providing emergency services, job training, an education center and an innovative Comprehensive Recovery Program, all without relying on government funding. You will be happy to know that 91% of the money raised goes directly to the programs and services we offer. Self-sufficiency is the goal that we set for every man and woman in our program. We work hand-in-hand with our Program Participants; we to acquire the funds needed to sustain our programs, while they tackle the issues that led to their homelessness with their Advocates. Homelessness is too big of an issue to handle on our own. We need dedicated, loyal partners like you to work by our side and help us transform lives for the better. The services outlined in this brochure show the path that our participants take to embark on that transformation.

Transforming Lives Through Self-Sufficiency



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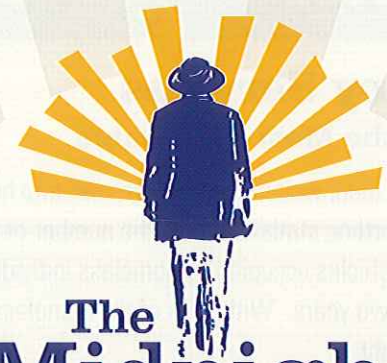
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The Midnight Mission



Transforming Lives Through Self-Sufficiency

Shelter

Food

Recovery

Education

Job Training

Self-Sufficiency

Emergency Services

A Lifeline to the Most Vulnerable

Every month, 13,000 men, women and children fall into homelessness in L.A. County. This startling statistic is why the number of tents, makeshift encampments and vehicles occupied by homeless individuals has soared by 85% in the past two years. With 70% of the homeless population unsheltered each night,

The Midnight Mission needs YOUR help NOW, more than ever.

Homelessness is no longer a plight of middle-aged men fighting issues of addiction. **Women and children make up 38% of the homeless population. Sixty-three percent of those women have experienced domestic violence**, choosing homelessness for their family over unspeakable abuse. Through your support, homeless individuals find comfort knowing we offer a variety of basic necessities including hygiene products, diapers, food bags, clothing, rain coats and even sack lunches for children to take to school.

We often find when a homeless person has their basic needs met, they are able to look ahead and take advantage of the many services we provide, which offer a path to self-sufficiency.



Transforming Lives

The Key to Breaking the Cycle of Homelessness

Our Recovery & Aftercare Program works with formerly homeless individuals who are fighting the battle of Substance Use Disorder. Our trained staff ensures clients are educated in areas of addictive thinking and behaviors, spirituality, emotional balance, relapse prevention, work therapy activities and healthy living. The achievement of self-sufficiency and independent living, while maintaining an addiction-free lifestyle, is the ultimate goal.

Our **Educational Program**, which is the foundation for our Job Training & Workforce Development programs, provides a learning environment for the educational needs of each client. Many of the participants that enter our program test below the 8th grade level in math and reading abilities. We believe that education and job training is key to earning a living wage.



Our teacher and volunteer led classes, along with an educational software program, helps each participant meet their specific educational needs. Whether they need Adult Basic Education (ABE) classes or to obtain their high school diploma (GED), our interactive Education Center provides a foundation for their future success.

Other courses, such as basic life skills, incorporate what we consider soft skills like problem solving, teamwork, collaboration, conflict resolution and communication skills, which are vital to their future success.

In addition to our Education Center, The Midnight Mission has a Microsoft IT Academy where participants can become certified users of all of the Microsoft suite programs, i.e., Outlook, Word, Excel, Power Point and Access. While some of our participants already have their high school diploma or college degrees, many are unfamiliar with these programs, which can be an obstacle when trying to obtain a job.

Fortunately, their path to education doesn't end at our Education Center. With the help of our career counselor, our program participants learn how to go above and beyond what their job requires. They also learn how to write resumes and practice interviewing skills. Working together, participants transform their lives through education and the job training allows them a clear path to self-sufficiency.



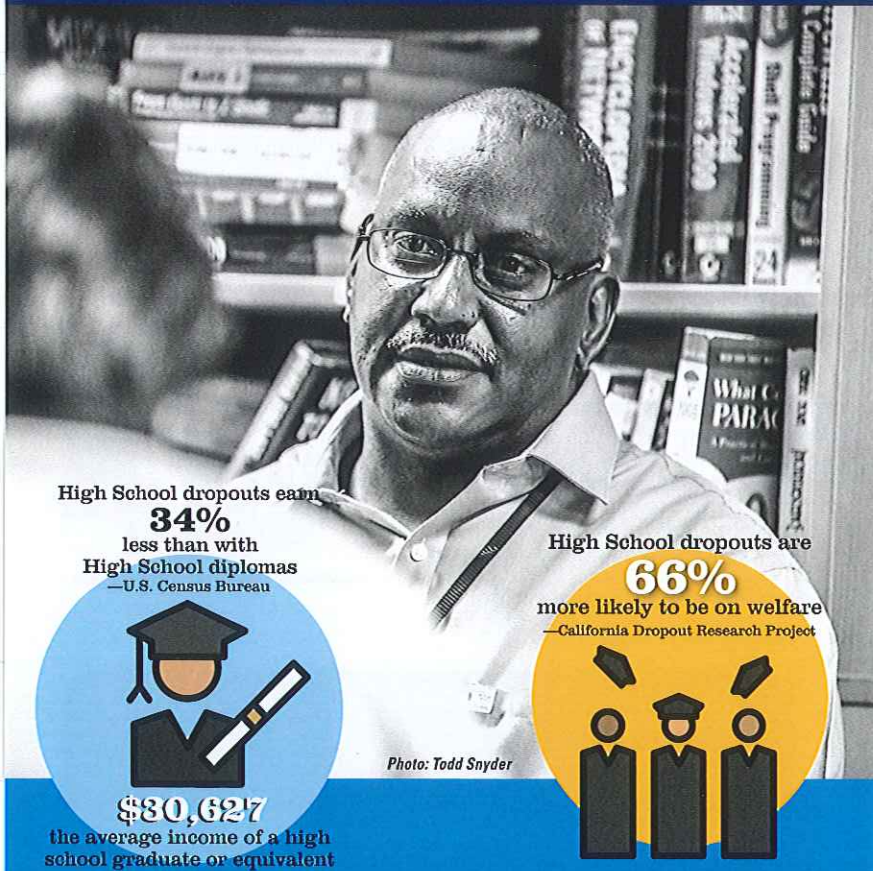


Photo: Todd Snyder

High School dropouts earn **34%** less than with High School diplomas —U.S. Census Bureau

High School dropouts are **66%** more likely to be on welfare —California Dropout Research Project



\$30,627
the average income of a high school graduate or equivalent

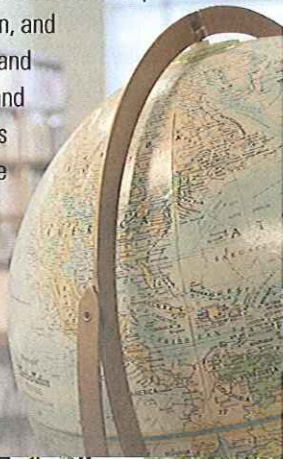
Our Mission

Our Mission is twofold:

- 1) To offer a bridge to self-sufficiency for people experiencing homelessness through recovery services, counseling, education, training, workforce development and continued care services and
- 2) To make available the necessities of life to people experiencing homelessness: food, shelter, clothing, personal hygiene needs and medical care.

Our goal is to move people from homelessness into housing. Our programs offer quality services that are easily accessible, participant-centered, outcome-driven and culturally aware. We work with individuals to identify barriers to self-sufficiency, remove obstacles and provide a structured framework of support and accountability. Our programs, including essential services for women and families, daily meal service, healthy living and 12-step recovery programs, job training, education and workforce development provide a compassionate bridge to a better life.


With today's rapidly evolving workplace, TMM recognizes the importance of computer skills. To ensure that our participants graduate with marketable skills, TMM has an onsite Microsoft IT Academy in our Downtown L.A. facility serving adult men and women, and another at our HomeLight Family Living facility for parents and children. Our computer labs serve as an education source and supplement our job training program. They provide students with the 21st century technology skills necessary to acquire certification to be competitive in today's workplace. Using the accredited Plato software, participants can access adult education courses and children are provided special courses to catch up in school. All students receive training tailored to their skill level. Beginner, intermediate and advanced level students can learn computer skills in Word, Excel, Microsoft, PowerPoint and Publisher. TMM is one of the first human service organizations to be granted the rights to offer this program to its participants.





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This is the Day

Education and Health Services



Over a Century of Quality Care

HOMELESS SERVICES FOR A GROWING COMMUNITY

As homelessness continues to increase dramatically, the services that The Midnight Mission (TMM) provides are needed now more than ever. During the most recent homelessness count coordinated in partnership with HUD, we learned that homelessness increased by 23% in the County. Considering the dramatic surge of people seeking help at The Midnight Mission, this was no surprise. TMM has been feeding and caring for homeless and near homeless individuals since 1914 and although the population



and demographics keep changing, our values and mission remain the same. Our services have expanded throughout the years to meet the needs of a diverse community where homelessness has reached a crisis stage. With the homeless population getting younger and more diverse, we believe that education, workforce development and health services are essential in improving the lives of our guests and participants once their

NO diploma or GED
64%
increase in unemployment rate



basic needs are met. Many of these programs have not traditionally been considered part of the safety net, but play a crucial role affecting an individual and family's well-being.



Education

At TMM we strongly believe that an investment in education pays lifelong dividends for each of our participants. On average, 35% of those entering our program do not have a high school diploma or GED, so our Academic and Career Excellence Center (ACE) is a vital component to their future success.

Providing education opportunities to our participants increases their chances to enter the job market where they can earn a living wage and earn much needed benefits, while working predictable work hours with further opportunities for advancement. Our Education and Career Center offers our participants adult basic education, GED prep, keyboarding and computer software training, life skills and financial literacy. This is an on-site center with an instructor and computer led curricula. In addition, many students enroll in off-site schools to learn a trade or continue their education.

Through career counseling, job training, adult education and workforce development, we are offering all who come into our program a bridge to self-sufficiency.

Health

The Midnight Mission's (TMM) Healthy Living Program is residential program where participants stay an average of 12 months. The program encompasses primary healthcare as well as fitness classes and exercise opportunities designed to improve the physical, social and emotional health. Many of our participants, who are homeless or low-income individuals, have long-overlooked chronic health conditions, including those prioritized by California Hospital Medical Center – obesity, diabetes, mental health issues and oral health problems. Through our collaborative partnerships with Los Angeles Christian Health



Dropouts experienced a poverty rate of



than those with at least a bachelor's degree
—PBS SoCal

Centers (LACHC) and the Chicago School of Professional Psychology (TCSPP), TMM's Healthy Living Program is addressing significant health needs in our community by bringing comprehensive care to our program participants. They have access to LACHC's on-site medical clinic four days per week and regular sessions with psychology students from TCSPP under the supervision of a licensed psychologist. All activities in the Healthy Living Program take place on-site at TMM's Downtown Los Angeles headquarters, and directly involve 16 TMM program directors and case managers, one medical assistant, one doctor and one nurse practitioner from LACHC, and two TCSPP psychology students under the supervision of a licensed psychologist.

High School Dropouts
are at increased odds of reporting a serious chronic health condition



—California Dropout Research Project

— **Los Angeles Christian Health Centers (LACHC)** provides healthcare to thousands of homeless and low-income residents living in Los Angeles County through two full-time health centers; one located at TMM the other in Boyle Heights.

— **The Chicago School of Professional Psychology (TCSPP)** is a not-for-profit, accredited institution with more than 4,300 students at campuses across the country (Chicago, New Orleans, Southern California, Waukesha, and Washington, D.C.) and online. TCSPP offers more than 20-degree programs and opportunities for international experiences.

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