

## History & Mission

SAFE Refuge, founded in 1988, is the largest provider of residential and outpatient substance abuse and alcohol treatment recovery services in the Long Beach/South Bay area. Our agency serves approximately 2,000 people per year in its state licensed and certified facility. The Foundation is committed to excellence in providing drug and alcohol treatment services, supportive sober living and transitional housing for those who wish to recover from their addiction and reintegrate back into society. We have programs for those who are living with HIV/AIDS, those who live an alternative lifestyle, Veterans, people who are dually diagnosed, people who have a history with the criminal justice system, women with children, low income and indigent, and those who are receiving public assistance benefits.

## The Recovery Community

Our recovery community consists of twenty individual residential buildings integrated into the quiet and serene Rose Park community of Long Beach. Clients live in an apartment or group home setting among other individuals desiring a clean and sober environment. Each apartment and house is equipped with a color television, microwave, cooking utensils and cleaning supplies. Laundry services are also provided for each building. Individuals who are indigent or receive no public assistance benefits are provided with food, clothing, and personal toiletries upon arrival. The residential population is a multi-cultural and ethnically diverse community of individuals coming from all levels of society and socio-economic backgrounds.

## SAFE Refuge

*Formerly known as Substance Abuse Foundation, Inc.*

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Long Beach, CA 90804

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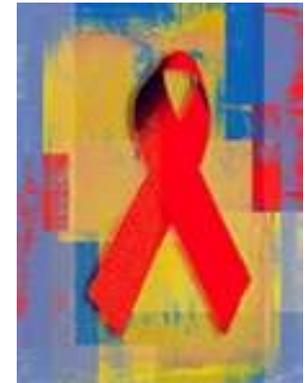
Hope. Change. Success.

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## A Caring Recovery Community



For Persons  
Living with  
HIV/AIDS

3125 East Seventh Street  
Long Beach, CA 90804

562.987.5722

[www.asaferefuge.org](http://www.asaferefuge.org)

# Residential

# Programs

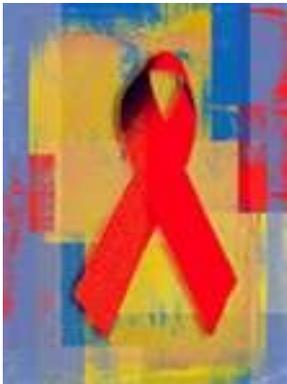
## C.A.R.E.

### Residential Alcohol & Drug Treatment

The C.A.R.E. program is a co-educational long-term residential treatment program for individuals who are living with HIV/AIDS and who have a history of alcohol and/or substance abuse. Primary treatment is a 90-day program based on the social model of recovery. Individuals may continue to participate in this program for longer than 90 days depending on each individual's needs. Residents participate in an extensive variety of classes and individual/group counseling sessions facilitated by certified counselors and peer support groups. The core curriculum consists of such classes as Anger Management, Relapse Prevention, Feelings Group, Drug/Alcohol Education and Life Skills. Every individual will receive on the job work experience and discharge planning, which assists in coordinating educational, occupational training and job placement services in the community.

#### Length of Program:

All individuals participate in 90 days of primary treatment and rehabilitation. Individuals may continue to participate in treatment for longer than 90 days depending upon need.



## Transitional Living

The Transitional Living program is for individuals who are HIV positive and who have had a previous history of alcohol and/or substance abuse. It is designed to provide a supportive environment to give the individual an opportunity to train or learn new skills to enter the work force or while they are waiting for approval from a federal or state benefits program. Every resident receives weekly case management, individual counseling sessions, and discharge planning. Relapse prevention and alcohol/drug education may also be added as electives. Individuals reside in apartments in our alcohol and drug free housing near the Foundation.

#### Length of Program:

Residents may participate in our Transitional Housing for 12 months, with possible extensions for up to 2 years.

## Residential Requirements

#### Eligibility:

All individuals who declare residency in Los Angeles County and are living with HIV/AIDS.

#### Costs:

CARE & Transitional Living - There is no cost to individuals who are low-income, homeless or indigent. Individuals who receive public assistance benefits may be required to pay a small co-payment based upon the county sliding scale as determined by the County of Los Angeles for drug and alcohol residential programs. HOPWA - There is no cost for this program.

#### Enrollment:

Individuals need only provide proof of a clear test for TB (PPD or Chest X-Ray) and a physician-signed diagnosis verifying their HIV/AIDS status at the time they are admitted.

# Outpatient Programs

## C.D.T.

### CARE Day-Treatment

The CARE Day Treatment Program is an outpatient program for individuals who are living with HIV/AIDS and who have a history of alcohol and/or substance abuse. Individuals participate in an extensive variety of classes and individual and group counseling sessions facilitated by certified counselors and peer support groups. The core curriculum consists of such classes as anger management, framework for recovery, relapse prevention, feelings group, Drug/Alcohol Education and life skills. Every individual receives discharge planning which assists them in coordinating educational, occupational training and job placement services in the community.

Eligibility: Individuals who declare residency in Los Angeles County, who are low-income or indigent, and must have a signed physician's diagnosis are eligible.

#### Enrollment:

Individuals need only provide proof of a clear test for TB (PPD or Chest X-Ray) and a physician-signed diagnosis verifying their HIV/AIDS status at the time they are admitted.

