

HIV SUPPORT GROUPS

Organization	Address	Group Name	Day & Time	Additional Information	SPA
Bienestar	8134 Van Nuys Blvd Ste 200 Panorama City, CA 91402 (909) 397-7660 www.bienestar.org	Mano a Mano	Tuesday 7pm-8:30pm	A sharing space for People Living with HIV/AIDS. Having a friend to talk to when you are struggling with negative thoughts. Please call Tino Piñón (866) 590-6411 ext:209 for more information or schedule a class in person.	2
	4955 W. Sunset Blvd. Los Angeles, CA 90027 (909) 397-7660 www.bienestar.org	Mano a Mano	Thursday 7pm-8:30pm	A sharing space for People Living with HIV/AIDS. Helping one another overcome any issues that are dealing with when it comes to HIV/ AIDS. Please call Tino Piñón (866) 590-6411 ext:209 for more information or schedule a class in person.	3
Being Alive	6043 Hollywood Blvd Ste B Los Angeles, CA 90028 (323)874-4322 http://beingalivela.org	Wise Ones	Wednesday 7pm-9pm	Drop-in social group for men and women over 35 years old who are living with HIV. The topic discusses issues related with HIV. Email alasdairburton@gmail.com for the ZOOM link!	4
		Friday Night Lite	Friday 7pm-9pm	Sing and have fun while lifting your spirit and creative expression. Receive empowering coaching and support HI. Host by Gary O'Brien who will guide you through. Email garygobrien@gmail.com for the ZOOM link.	4
The Life Group LA	1049 Havenhurst Dr. #330 West Hollywood, CA 90046 (888) 208-8081 www.thelifegroupla.org	HIV + Men's Group	Friday 12pm-2pm	Registration is required to attend these meetings. http://www.thelifegroupla.org/covid19/index.html	4

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Bienestar	130 W. Manchester Ave. Los Angeles, CA 90003 (909) 397-7660 www.bienestar.org	Con Sabor Gay Virtual	Monday 6pm-7:30pm	For HIV-positive gay, and bisexual men. This program is for men only. Please call Luis Borge (866) 590-6411 ext.406 for more information. Zoom ID 817 5079 3753	6
		Ecos	Tuesday 6pm-7:30pm	Support group for HIV men who are struggling to face their fear. Overcoming any obstacles or negative voices. Please call Luis Borge (866) 590-6411 ext.406 for more information or schedule a class in person.	6
		Fors Educativos	Wednesday 7pm-8:30pm	Support group for HIV positive people who are willing to open up and share their experiences. HIV support group to educate yourself and have a healthy. Please call Luis Borge (866) 590-6411 ext:406 for more information. Zoom ID 816 0081 4395	6
East Los Angeles Women's Center	1431 South Atlantic Blvd. Los Angeles, CA 90022 (323) 526-5819 www.elawc.org	Mujeres de Esperanza/ Women with Hope	Call for schedule	ELAWC will remotely continue to administer supportive services. Call (800)585-6231 for more support groups or housing services.	7

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CARE Center - St. Mary Medical Center - Long Beach	1043 Elm Ave Ste 300 Long Beach, CA 90813 (562) 453-3766 www.dignityhealth.org	Living with HIV/AIDS	Monday 4pm-5pm	Support group for HIV positive people from all spiritual and religious traditions and backgrounds who are interested in honoring the sacred part of oneself. Meets every Monday at 4:00 p.m. at St. Mary Medical Center Long Beach. Please call (562)624-4915 for more information.	8
		Vida Positiva	Tuesday 6pm-7pm	This comprehensive strength support group is for everyone who is considering or taking medications to control HIV or prevent HIV (PrEP). Meets every Tuesday at 6:00 p.m. at St. Mary Medical Center. This group is conducted in Spanish. Please call (562)624-4909 for more information.	8
		Positive Life	Wednesday 3:30pm-4:30pm	This all-inclusive strengths-based support group is for ALL people contemplating or currently taking medication to manage HIV or prevent HIV (PrEP). Meets every Wednesday at 3:30 p.m. at St. Mary Medical Center Long Beach. Please call (562)624-4905 for more information.	8
		The New Normal	Thursday 3pm-4pm	This all-inclusive support group is an informative, compassionate, and social group designed for women who are HIV positive and dealing with the complex issues surrounding HIV. Meets twice a month on Thursday at 3:00 p.m. at St. Mary Medical Center Long Beach. Please call (562)624-4978 for more information.	8