

HIV SUPPORT GROUPS

Organization	Address	Group Name	Day & Time	Additional Information	SPA
Bienestar (909) 397-7660 www.bienestar.org	8134 Van Nuys Boulevard Suite 200 Panorama City, CA 91402	Therapy Group	Thursdays 6:00pm-8:00pm	A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411	2
	180 East Mission Boulevard Pomona, CA 91766	Aprendiendo a Vivir (en Español)	Wednesdays 7:00pm-9:00pm	A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411 Aprendiendo a Vivir is for HIV+ Individuals and family/friends 18+ (en Español)	3
		New Frontiers	Monday 7:00pm-9:00pm	A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411	3
		Emotional Support	Wednesday 7:00pm-9:00pm	A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411	3
	4955 West Sunset Boulevard Los Angeles, CA 90027	Esperanza (en Español)	Tuesdays 11:00am – 1:00pm	A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411 Esperanza is for HIV+ Women only (en Español)	4

SPA 1- Antelope Valley/ SPA 2- San Fernando/ SPA 3- San Gabriel/ SPA 4- Metro, Downtown LA/ SPA 5-Westside, Santa Monica/ SPA 6- South Los Angeles/ SPA 7- East Los Angeles, Whittier/ SPA 8- South Bay, Long Beach

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<p style="text-align: center;">Bienestar (909) 397-7660</p> <p style="text-align: center;">www.bienestar.org</p>	<p style="text-align: center;">4955 West Sunset Boulevard Los Angeles, CA 90027</p>	<p style="text-align: center;">"VIDA"</p>	<p style="text-align: center;">Fridays 4:00pm – 6:00pm</p>	<p style="text-align: center;">A sharing space for People Living with HIV/AIDS.</p> <p style="text-align: center;">To access any other of the location please contact (866) 590-6411 Vida is for HIV+ Transgender Women (en Español)</p>	4
		<p style="text-align: center;">"Mano a Mano"</p>	<p style="text-align: center;">Fridays 7:00pm – 9:00pm</p>	<p style="text-align: center;">A sharing space for People Living with HIV/AIDS.</p> <p style="text-align: center;">To access any other of the location please contact (866) 590-6411</p>	4
<p style="text-align: center;">Being Alive (323) 874-4322</p> <p style="text-align: center;">www.beingalive.org</p>	<p style="text-align: center;">6043 Hollywood Boulevard Suite B, Los Angeles, CA 90028</p>	<p style="text-align: center;">Queen Bees (Virtual on Zoom)</p>	<p style="text-align: center;">Tuesday 6:00pm-7:30pm</p>	<p style="text-align: center;">Drop-in, therapy group that takes the shame and stigma out of sex for HIV + individuals or serodiscordant couples. New topic weekly.</p>	4
		<p style="text-align: center;">Wise Ones (Virtual on Zoom)</p>	<p style="text-align: center;">Wednesday 7:00pm-9:00pm</p>	<p style="text-align: center;">Drop-in social group for men and women over 35. The topic discusses issues related to aging with HIV and meeting long term survivors dealing with HIV.</p>	4
		<p style="text-align: center;">Friday Night Life (Virtual on Zoom)</p>	<p style="text-align: center;">Friday 7:00pm-9:00pm</p>	<p style="text-align: center;">Sing and have fun while lifting your spirit and creative expression. Receive empowering coaching and support.</p>	4

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<p style="text-align: center;">APAIT (213) 375-3830 www.apaitonline.org</p>	<p style="text-align: center;">3055 Wilshire Boulevard Suite 300 Los Angeles, CA 90010</p>	<p style="text-align: center;">HOPE</p>	<p style="text-align: center;">Monday-Friday</p>	<p>Individuals must be HIV-positive: Men, ages 25 and up and Transgender women of color, ages 18 and up. The course of five weekly sessions. For more information on the HOPE program, please contact: Gabriel Reyes at (213) 553-1845.</p>	<p style="text-align: center;">6</p>
<p style="text-align: center;">Bienestar (909) 397-7660 www.bienestar.org</p>	<p style="text-align: center;">130 West Manchester Avenue Los Angeles, CA 90027</p>	<p style="text-align: center;">ECOS</p>	<p style="text-align: center;">Thursdays 6:00pm-8:00pm</p>	<p>A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411 ECOS is for HIV+ Individuals (en Español)</p>	<p style="text-align: center;">6</p>
	<p style="text-align: center;">5326 East Beverly Boulevard Los Angeles, CA 90022</p>	<p style="text-align: center;">Mental Health Support Group</p>	<p style="text-align: center;">Mondays 5:00pm – 7:00pm</p>	<p>A sharing space for People Living with HIV/AIDS. To access any other of the location please contact (866) 590-6411</p>	<p style="text-align: center;">7</p>
<p style="text-align: center;">East Los Angeles Women’s Center (323) 526-5819 www.elawc.org</p>	<p style="text-align: center;">1431 South Atlantic Boulevard Los Angeles, CA 90022</p>	<p style="text-align: center;">Mujeres de Esperanza/ Women with Hope</p>	<p style="text-align: center;">Call for schedule</p>	<p>ELAWC offers a safe space to connect, share and support one another. Offer support awareness, information, interactive learning lessons and options for a healthier living for more information call (800)400-7432.</p>	<p style="text-align: center;">7</p>

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The LGBTQ Center of Long Beach (562) 434-4455 www.centerlb.org	2017 East 4 th Street Long Beach, CA 90814	Hive Connections	Mondays 5pm-6:15pm	Support group for HIV-positive gay men and men over 50+. Must contact Michael (562) 624-4977 before first meeting.	8
		Support Positive	Friday 7pm-8:30pm	Discusses issues such as understanding medical care, treatment options, dealing with family, work, and friends. For more information contact Michael (562) 624-4977	8