



## SHARE! PROGRAMS

**SHARE! Collaborative Housing** is a public-private partnership providing affordable, permanent, supportive housing to people with mental health issues in single-family houses throughout Los Angeles County. People are housed on the first day they want to move in. The owner furnishes the house, pays for all the utilities, and does not collect a Security Deposit. Peer Bridgers, people in recovery themselves, help residents make a Plan for Success and encourage them to attend weekly support groups. The results of this formula Housing today + Peer Bridging + Self-help Support Groups are amazing. 43% of residents have jobs. 25% of residents make SHARE! Collaborative Housing their permanent home. Most move out to self-sufficiency within a year. They all get a meaningful life.

### **Self-Help Support Group Referrals**

Countywide referrals to 12,000 self-help meetings representing more than 500 different programs. Our Self-Help Specialists can find a meeting in your neighborhood that is right for you or help you start a new one. Call 1 (877) SHARE-49

### **SHARE! Peer Specialist Training**

Based on SHARE!'s 26 years serving people in need, SHARE! trains people with lived experience of mental health issues, and/or family, parents and caregivers, to work in mental health using evidence-based practices. The training is free. See <http://shareselfhelp.org/training/> to register for it.

**Volunteer-to-Job** Program gives anyone a meaningful job at SHARE!—no matter how limited their skills or debilitating their symptoms. SHARE! trains and encourages Volunteer-to-Job participants until they develop the skills and confidence to obtain an unsubsidized job either at SHARE! or in the community.

**SHARE! Self-Help Centers** SHARE! operates two self-help centers, in Culver City and in the Skid Row District of Downtown Los Angeles, that provide meeting space for self-help support groups of all kinds such as anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking, reaching goals, etc. Together they host more than 150 self-help group meetings a week. Meetings pay a percentage of their donations so that there is no rent pressure and it is easy to start a new meeting. Each meeting room is furnished like a living room, with the exception of our writing room, which has a conference table and chairs. Open 365 days a year, we provide space for sober dances, self-help marathon meetings and conferences. SHARE! moved all of its meetings online because of the Covid pandemic. People can attend them by going to [www.shareselfhelp.org](http://www.shareselfhelp.org).

**Technical Assistance** for new and ongoing self-help support groups. We can help with formation, meeting content, format, publicity, problems, etc.

**Open Literature Policy** SHARE! accepts any and all materials for distribution at our centers. Just send them to us or drop them off.

**Volunteer Opportunities** for ordinary people or for those doing court-ordered community service. We accept all volunteers even those with limited skills or felony convictions.

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**[www.shareselfhelp.org](http://www.shareselfhelp.org)**

