

Please RSVP
213.201.1331

Lunch &
Refreshments will be
Provided!

WEHO

APLA Health

West Hollywood Office
1151 N. La Brea Ave.
West Hollywood, CA
90046

Understanding and Managing Depression

Tuesday, April 30th

1:00PM-2:30PM

This free workshop covers:

- Recognizing the signs of depression
- Understanding how mental health impacts our behavior, relationships and decisions
- How to manage depression

APLA
Health

