



Community Resource Center



Child Development Class



How your child plays, learns, speaks, acts, and moves offers important clues about their development. Understanding these milestones is important so you can act early.

Help Me Grow LA and L.A. Care have partnered with Patient Family Centered Care Partners to host a workshop. You will learn about milestones and where to go for help.

The workshop will offer you resources, encouragement and ideas.

Join us for this fun and useful class!



Help Me Grow LA is a collaboration between First 5 LA and Los Angeles County Department of Public Health
Blue Shield of California Promise Health Plan is an independent licensee of the Blue Shield Association.

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For additional information visit activehealthyinformed.org or call



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Clase sobre desarrollo infantil



La manera en que su hijo juega, aprende, habla, actúa y se mueve ofrece señales importantes sobre su desarrollo. Comprender estos hitos es importante para poder actuar temprano. Help Me Grow LA y L.A. Care se asociaron con Patient Family Centered Care Partners para realizar un taller. Usted podrá aprender sobre los hitos del desarrollo y dónde solicitar ayuda. El taller le ofrecerá recursos, motivación e ideas.

Acompañenos en esta clase divertida y útil!



Help Me Grow es una colaboración entre First 5 LA y el Departamento de Salud Pública del condado de Los Ángeles.

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