

About Us.

Bienestar is a community-based social services organization based in Greater Los Angeles. Our focus is on identifying and addressing emerging health issues Latinx and LGBTQ+ populations face. Bienestar reaches these unique populations through innovative and compassionate peer-to-peer modeling that is 100% culturally relevant to the communities we serve.

Our Info.



(866) 590 - 6411



@bienestarLA



bienestar.org



info@bienestar.org



BIENESTAR

East LA Center:

5236 E Beverly Blvd
Los Angeles CA 90022

Long Beach Center:

2690 Pacific Ave # 300
Long Beach, CA 90806

Pomona Center:

180 E. Mission Blvd.
Pomona, CA 91766

South LA Center:

130 W. Manchester Ave.
Los Angeles, CA 90003

The Valley Center:

8134 Van Nuys Blvd., Ste. 200
Panorama City, CA 91402

Hollywood Center:

4955 W. Sunset Blvd.
Los Angeles, CA 90027

Hours:

10 am -7pm

More Information:

Visit: Bienestar.org
Call: (866) 590- 6411

Wellness
+ Mental Health
Services



BIENESTAR



Our Story.

For almost two decades, Bienestar has offered wellness and mental health services to the Latinx, LGBTQ+, and other underserved communities through therapy sessions and substance use disorder treatment. Our behavioral health department was established to break down barriers to care and address misinformation surrounding wellness and mental health.

Our Services.

Individualized and collaborative service planning

Individual counseling sessions

Relapse prevention group

Drug/Alcohol education

Group Counseling

Anger management education

HIV/STI Testing

Family/Partner counseling sessions

Linkage with appropriate self-help groups and referrals to community agencies.

Drug and alcohol screening

Join Us.

Cultural differences may lead mental health providers to misunderstand and misdiagnose members of our community. Our therapists are bilingual and trained to meet the needs of our clients by providing compassionate, knowledgeable, and professional services. Regardless of your immigration or insurance status, we can direct you to affordable care and resources.

Please get in touch with us to learn more about our culturally competent mental health services for Latinx, LGBTQ+, and other underserved people in Los Angeles County.

(866) 590- 6411 ext. 302

