

HIV Support Groups



Organization	Address	Group Name	Time	Additional Information	SPA
Bienestar (909) 397-7660 www.bienestar.org	<u>San Fernando Valley</u> 8551 Vesper Ave Panorama City, CA 91402	“De Ambiente” Español Grupo VIH Español	Mondays/Lunes 7:30pm – 9:00pm Tuesdays/Martes 7:00pm-9:00pm	A sharing space for People Living with HIV/AIDS. For more information, call (866)590-6411 or email info@Bienestar.org . Un espacio de intercambio para personas que viven con VIH/SIDA. Para mas informacion, llame (866) 590-6411 o envíe un correo electronico: info@Bienestar.org	2
	<u>Pomona</u> 180 East Mission Blvd Pomona, CA 91766	“De Ambiente” Español Grupo VIH Español	Thursday/Jueves 6:00pm – 8:00pm Fridays/Viernes 7:00pm-9:00pm		3
	<u>Hollywood</u> 4955 West Sunset Blvd Los Angeles, CA 90027	Decisiones (Español)	Tuesday / Martes 7:00pm – 9:00pm		4
	<u>South Los Angeles</u> 130 West Manchester Ave Los Angeles, CA 90027	Grupo de Apoyo Virtual (Español/ Zoom)	Monday / Lunes 6:00pm – 8:00pm		6
		Decisiones (Español)	Tuesday / Martes 6:00pm – 8:00pm		6

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Being Alive (323) 874-4322 http://beingalivela.org/	7080 Hollywood Blvd Suite 450 Los Angeles, CA 90028	Queen Bees (Virtual on Zoom)	Tuesdays 6:00pm – 7:30pm	Women support group for anyone who expresses or identifies as female/woman. Email becky@beingalivela.org for Zoom information.	4
		Wise Ones (Virtual on Zoom)	Wednesdays 7:00pm – 9:00pm	A drop-in social group for men and women over 35. The topic discusses issues related to aging with HIV and meeting long term survivors dealing with HIV. Email alasdairburton@gmail.com for Zoom information.	4
		Movie Night (Virtual on Zoom)	Thursdays 7:00pm – 9:00pm	A fun and interactive movie experience that includes vibrant discussions following the movie. Email Timothy at tzembek@beingalivela.org for the zoom link.	4
		Friday Night Life (Virtual on Zoom)	Fridays 7:00pm – 9:00pm	Sing and have fun while lifting your spirit and creative expression. Receive empowering coaching and support. Email garrygobrien@gmail.com for Zoom information.	4
		CMA Meeting (Virtual on Zoon)	Saturdays 8:00pm – 9:00pm	Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone desiring to stop using drugs. Zoom link is http://us04web.zoom.us/j/3603940919 For more meetings, please visit: https://www.cmainsla.com/meetings	4

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M.A.P Minority AIDS Project (323)936-4949 www.minorityaidsproject.org	5147 West Jefferson Blvd Los Angeles, CA 90016	HIV+ Support Group	Thursday 10:30am – 12:00pm	A group discussion on topics that affects us! No topic is off limits! No issue too small! You are not alone! Let's laugh, cry, and talk about it! Please call to register!	6
			Thursday 10:30am – 12:00pm	A therapist-led support group for those who are HIV+ or AIDS. Lunch is provided for those who attend group.	
East Los Angeles Women's Center (323) 526-5819 www.elawc.org	1431 South Atlantic Blvd Los Angeles, CA 90022	Mujeres de Esperanza/ Women with Hope	Call for schedules (800) 400-7432	ELAWC offers a safe space to connect, share and support one another. Offer support awareness, information, interactive learning lessons and options for a healthier living for more information, call (800) 400-7432.	7
The LGBTQ Center of Long Beach (562) 434-4455 www.centerlb.org	2017 East 4th Street Long Beach, CA 90814	Support Positive	Fridays 7:00pm – 8:30pm	Discusses issues such as understanding. medical care, treatment options, dealing with family, work, and friends. For more information, contact Michael (562) 273-7353.	8

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Bienestar 866-590-6411 ext. 500 www.bienestar.org	2690 Pacific Avenue #300 Long Beach, CA 90806	“De Ambiente” Español	Mondays 6:00pm – 8:00pm	Gay/Bisexual/Men who have sex with men (MSM)	8

SPA Location Key: SPA1-Antelope Valley / SPA 2-San Fernando Valley / SPA 3-San Gabriel Valley / SPA 4-Metro, Downtown LA / SPA 5-Westside, Culver City, Santa Monica / SPA 6-South Los Angeles / SPA 7- East Los Angeles, Whittier / SPA 8-South Bay, Long Beach
 Z.R. September 2023